



The Newsletter of the Knutsford and District

U3A

JULY 2018

General Enquiries and Webmaster: <u>info@knutsfordu3a.co.uk</u> Newsletter contributions: <u>newsletter.knutsfordu3a@gmail.com</u>

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FROM THE CHAIR

Phew! Memories of 1976 come to mind, it's hard not to bore younger people with our stories of how long it was so hot and dry for! We are living history! Will there be a Minister for Drought appointed soon? It makes me appreciate being retired - no commuting, no being stuck in a hot office, I can find a shady spot and not do much in the afternoon. I hope you are finding you own ways of coping too.

Inside this edition of Kanuta, you will find information about our activities and outings, as well as less exciting stuff to do with data protection. No doubt you have been bombarded with emails from all sorts of organisations concerning the new rules. The Committee have been engaged in the process of reviewing all the ways we work to keep your personal information private and to comply with the new regulations. Please read the short article inside, and when renewals time comes round in September, please complete the new form in full - on both sides!

I hope you are having a great summer,

Christine Jones, Chair

MEMBERS' MEETINGS

Knutsford Methodist Church Second Thursday of every month starting 2.15pm

Thursday 13 th September	Membership Renewal Day There will be no Speaker at this meeting, but an opportunity to renew your annual subscriptions. We will be having tables in the main church for the Activity Groups so that members (and the public) can have a chance to find out more about what the different groups do.
Thursday 11 th October	S & J Watts, founders of Kendal Milne Diana Leitch , a previous informative and entertaining speaker, will give a talk on the above.
Thursday 8 th November	Travels without my Aunt A talk by Ken Grundy of Maestro Touring which covers his story of how, starting as a lad from Liverpool, through various twists and turns along the way, he managed to be able to live his dream.

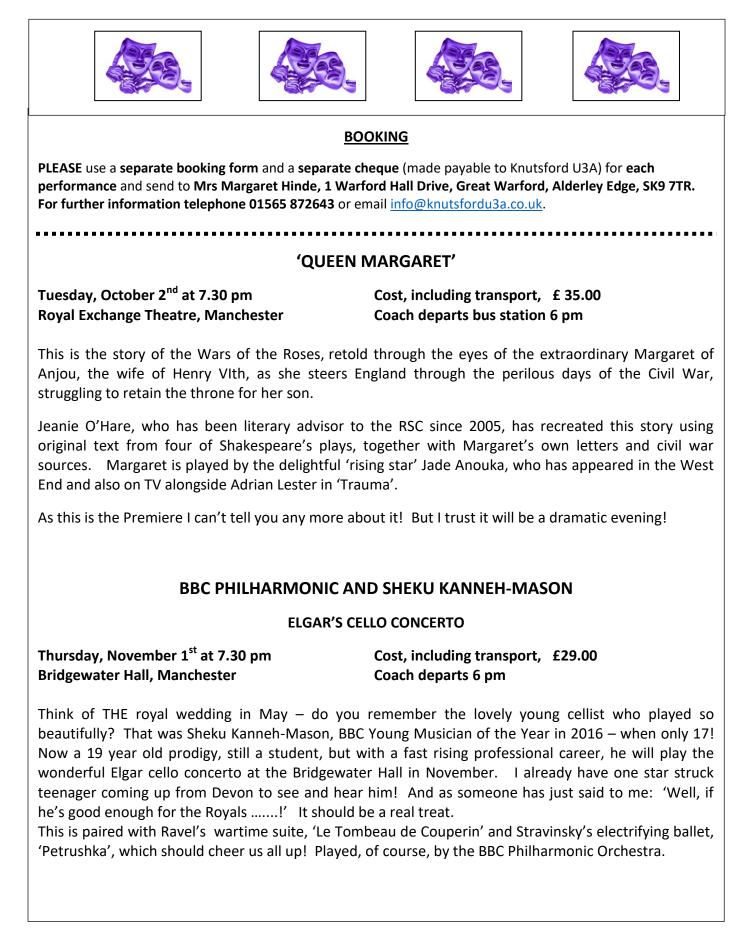


Margaret Oliver and Jessie Bunyan kindly oversee the provision of refreshments at each monthly Members' Meetings but need help to continue running this service. Stuart Allan and Evelyn Brown have taken over the running of the helpers' tea rota and will be in touch with group co-ordinators on a (roughly!) alphabetical basis to ask them to find two volunteers from their group to help serve tea at specific Members' Meetings. It is not an onerous task and you will be provided with instructions as to what to do. If each group provides two volunteers when requested your turn will only come around every 5 years!

Please be prepared to help out when requested so that provision of tea/coffee can continue each month – we can't leave Jessie and Margaret to do it all! If volunteers are not forthcoming we will be unable to serve tea and coffee at the Members' Meetings which will be a shame and will spoil the social aspect of the meetings. If you would like to offer to help at a meeting please call Stuart on 01565 632904.

THEATRE AND MUSIC TRIPS

Autumn 2018



'DEATH OF A SALESMAN'

By ARTHUR MILLER

Wednesday, November 14th at 7.30 pm Royal Exchange Theatre, Manchester

Cost, including transport, £35.00 Coach departs, 6 pm

Sarah Frankcom, who directed 'Our Town', directs Arthur Miller's well known classic about the downfall of the American Dream. Willy Loman will be played by Don Warrington, who has been regularly on our screens since the eighties, including a bout in 'Strictly'! However, he is primarily an accomplished theatre actor, working with RSC, the National and others. His two previous performances at the Exchange have received 'five star' reviews, for the lead role in 'All My Sons' and, more recently, as King Lear. So it augurs well for another dramatic evening!

Tickets for the two November dates should be available until mid September, (if not sold out before!). Please send cheques (made out to Knutsford U3A) and booking forms (at end of Kanuta) to Margaret Hinde, 1 Warford Hall Drive, Alderley Edge, SK9 7TR. 01565 872643. Separate cheques for each performance please.

Data protection

We have always taken care to protect our members' personal information, and complied with the Data Protection Act. As you will probably know, all organisations now need to comply with the General Data Protection Regulations, as well as the Data Protection Act. The Committee has put a series of things in place to respond to these changes. The principle change is that now we need members to actively give us permission to collect, hold and use your personal contact information, for U3A purposes only. There is no need for us to do so retrospectively.

We have written a new Data Protection Policy, and a Privacy Policy, both of which you can see on our website, in the Members Area of 'How we Work'. We have changed our membership application forms (which are on the website), so that new members can give us their explicit consent to collect and use personal data. When it comes to renewals time in September, you will receive the new Renewals Form to complete, rather than a simple renewal slip like before. The reason is that under the new regulations, we need to receive your active consent each time your membership is renewed. Please make sure that you fully complete the Renewals Form on both sides, before you send or bring it to Veronica, our Membership Secretary, in September.

Christine Jones Chair

OUTINGS

WENTWORTH WOODHOUSE Monday 17th September

Have you read 'Black Diamonds' by Catherine Bailey ? Would you like to visit an amazing family home that has an unrivalled frontage and a roof area covering four acres? Join us for a visit to Wentworth Woodhouse which is four miles from Rotherham and stands in 250 acres of parkland. The fascinating family history, told in 'Black Diamonds', stretches from Charles 1st to the Nationalisation of Coal in 1947 and through to the present day.

We have booked two guided tours, each lasting about 1 hour, with lunch in between. On arrival and after tea/coffee **everyone will do the Wentworth Tour in the morning,** which will cover the major rooms of the house, **and then we have lunch.** In the afternoon you have a choice: follow the Clifford Tour which covers some of the private apartments of the families, or you can go in our coach to the nearby Wentworth Garden Centre. This is a long standing family owned garden centre with some interesting features including a garden which incurs an additional cost of £1. At the end of the afternoon we will meet up in the Garden Centre Café for a drink before returning to Knutsford.

We will be leaving Knutsford Bus Station at 8.45 am and we do not anticipate being back much before 6 pm. Some walking and stairs are involved (no lift) and it is worth noting that the rooms are only sparsely furnished. The strength of the tours is in the stories told by the guides in the various rooms we visit.

Because of the options on offer for the afternoon and the different prices for NT and non NT members the Booking Form is a little more complicated than normal. To the basic price of £22 per person please add the cost of your chosen tour(s) ie NT members £10 each tour and non-members £18 each tour. Once completed, please send the Booking Form and cheque, made payable to Knutsford U3A, to Margaret Hinde, 1 Warford Hall Drive, Alderley Edge, SK9 7TR; Tel 01565 872643.

BOOKING FORM - The details of my requirements are as follows:

	Number		Cost	
Coach travel, tea/coffee and Lunch £22				
Tours	Number of NT Members £10 each tour	Number of non NT Members £18 each tour		
Wentworth Tour (am)				
Clifford Tour (pm)				
Total on Cheque				
I/We would like place(s) for Wentworth on 17 th September 2018 and enclose a cheque for £				
Phone number				
Name and contact number In Case of Emergency				

Outings - Dates for your Diary

October - we are in the process of organising a visit to RAF Cosford November - we are hoping to visit the Portico Library and the Whitworth Art Gallery, with guided tours. December - a number of ideas are being researched

More details to follow.

Looking for the 'Write' Stuff

I am a full time, very mature student living in Knutsford and writing a play about a woman who returns to learning after retirement, making significant and far reaching changes to her life along the way. For the play to be both accurate and interesting it needs to be informed by more than my own story. Would you be willing to share yours? If you are a woman whose decision to start learning in later life took courage, if you experienced resistance from people close to you, if you were inspired by learning to do something that you didn't expect, I would love to hear from you. This is an educational project and will not involve the recording, storage or use of any personal, identifiable information. It will take no more than an hour or two of your time and can be conducted by telephone or face to face. If you are interested please contact Sarah on 01565 631547 before 20th July.

Sarah Faulkner

'Cottonopolis' is the topic being studied by a combined Manchester U3A project group. They are putting on the following events which may interest you:

Your round-up of this summer's Cottonopolis events :

Tuesday 31st July 6.30 pm: Finding the Cotton Famine, Portico Library, Mosley Street, Manchester

Marking the launch of the accessible database of Cotton Famine poems, with recitations and song drawn from the original poems sent into local newspapers. Ideal for anyone wishing to join the Cotton Famine Poetry research project (below). This is a free event but please book online.

Wednesday 22nd August: Manchester Central Library: How to join in with the Cotton Famine Poetry research 10.30 – 3.00 pm

Free to GMU3A network members. For our members who want to experience first hand the buzz of finding a piece of real history, Dr Simon Rennie will show what to look for, how to record and submit your findings and - crucially - how to use the microfilm readers to be found in our public libraries. Discover more and book online at https://cottonopolis.weebly.com/summer-2018.html

Monday September 3rd: Manchester Mass Motoring, MMU, 70 Oxford Road (near Oxford Road Station), 10.30 am - 2.30 pm

Free to GMU3A network members. Dr Craig Horner will lead you through his 'living history' project, which recognises the contribution of motoring and car ownership to the development of Manchester and its suburbs. Your memories of your first car, trips and journeys can contribute to a historical database, and you will learn how to replicate the methods for gathering these accounts back in your own U3A. https://cottonopolis.weebly.com/summer-2018.html

7th August: Sketching the Past - **10.00 am – lunchtime, informal try-out of urban sketching around Castlefield**, in friendly experienced company with Catherine Freeman of Tameside U3A. Free, but bring own materials. https://cottonopolis.weebly.com/summer-2018.html Members of U3As in the Greater Manchester Network can attend free - but you must nonetheless book. Any other U3A member can attend for a £5 fee. If your U3A joins the network, you may attend free of charge.

We're happy to answer your queries. Contact Maggy 07565 327598 or Jenny 07757 297604. Leave a message or send a text! Sometimes we can't pick up but we will respond.

U3A Autumn Series of Events – the following are national events which, although not local, may be of interest to some of you:

Online booking is available at <u>www.u3a.org.uk/events</u> or call the National Office on 0208 466 6139.

'We the Curious' – Bristol Science Centre, Thursday 20th September

On a journey through the biology, chemistry and psychology of our amazing brains. Workshops, a show and welcome refreshments with admission to the two floors of exhibits. 10.30 am - 5.15 pm. £20 (bookings open in June).

Unravelling the Whitworth – Whitworth Art Gallery, Manchester, Thursday 4th October

A day of hands on discovery to unravel the secrets of the gallery's textile and wallpaper collection. Talks from curators, a tour and a hands-on session facilitated by an artist with welcome refreshments. 10.00 am – 4.00 pm. ± 27.50 (bookings open in July).

Music and Art Afternoon – National Museum, Cardiff, Tuesday 9th October

Talks on the Davies Sisters' art collection and a talk on Margaret Haig Thomas. A special performance by the Welsh National Opera singers.

1.30 pm – 4.30 pm. £15.00 (bookings open in July).

The Royal Institution – London, Monday 15th October

Explore an afternoon of science talks at the Royal Institution, London. 1.45 – 4.45 pm. £21.50 (bookings open in July)

'Makers not Muses' – The National Gallery, London, Thursday 1st November

A day of talks by the National Gallery experts exploring the status of female artists, their paintings and obstacles to success.

11.00 am – 3.45 pm. £25.00 (bookings open in August).

From Page to Stage – Ambassador Theatre – Lyceum Theatre, London, Monday 12th November

Under the watchful eyes of three directors, Harry Burton, Lisa Spirling and Jane Moriarty, your chance to direct a scene, putting into practice valuable lessons learnt through the day. Welcome refreshments. 10.30 am – 4.30 pm. £37.50 (bookings open in August).

Guildhall Art Gallery – London, Wednesday 28th November or Thursday 29th November (2 separate dates)

Delve into the Roman archaeological world buried beneath the City of London. A day of workshops and talks with welcome refreshments.

11.00 am – 4.00 pm. £22.00 (bookings open in August).

Christmas Concerts – The Queen's Chapel of the Savoy, London, Monday 3rd December, performances at 2.00 pm or 5.30 pm and Tuesday 18th December at 2.00 pm only.

The Brandenburg Singers will perform a balanced programme of familiar repertoire alongside traditional carols. £19.50 (bookings open late September).

NEWS FROM THE GROUPS

This interesting NEW ACTIVITY GROUP will be run by David Cogger, who ran a similar group in Sandbach for 10yrs. The new group will be starting on Thursday 4th October 2018, 2.30pm-4.00pm. Anyone interested should contact David on Tel: 01565 228503

HISTORY AT RANDOM

This course, as its name suggests, is not a series of linked talks covering a prescribed area of history. Rather, it is a series of stand-alone talks covering a wide variety of historical topics – local, national and international.

They will cover individual periods of history (eg the Vikings); the development of specific places (eg Nantwich, South Wales) and particular topics (eg Bridges, Woodland). Each will give an outline of the topic's history and its importance.

It is intended to give ten fortnightly sessions from early October to March. They will take place on Thursday afternoons in the main hall of the Methodist church. David will talk for about an hour with a break for refreshments, members questions and participation will be welcomed.

Art Group 2

We are currently looking at the History of Russian Art. Our meeting is at 7:30pm on the first Thursday of the month For further information please contact Co-ordinator: Jennifer Harrison Tel: 01565 633578

New Tai Chi Group

The waiting list for the Tai Chi group has grown to the point where we are considering starting a second group. Classes would be held at the Knutsford Sports Club from 3pm-4pm on Thursday afternoons – ahead of the current classes which are 4pm-5pm.

With our excellent tutor, we practise Qi Gong exercises. These include breathing and meditation exercises to help to reduce stress; and low-impact physical exercises using the muscles of the whole body to improve core strength, balance and flexibility.

Public Health England recently published a report **"Muscle and bone strengthening and balance activities for general health benefits in adults and older adults"** in which they say that strengthening and balance activities not only help prevent falls, but also help improve sleeping patterns and increase energy levels. One of the activities they recommend is Tai Chi.

We shan't be meeting during the summer. Classes will begin again on **Thursday 6 September**. Meanwhile, if you are interested, please contact Evelyn Flett (01565 653048) or Yvonne Baker (01565 651204) for more information.

Please note, this group has now disbanded.

BOOKING FORMS FOR THEATRE & MUSIC

Please:

- Write the name of the performance or outing on the back of your cheque
- Make your cheque payable to Knutsford and District U3A
- Send a stamped, addressed envelope if you want your reservation confirmed
- If you are not making a booking at a General Meeting, please use a separate booking form and a separate cheque (made payable to Knutsford U3A) for each performance and send to Mrs Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR.

You will be contacted if your booking was NOT successful.

BOOKING FORM – THEATRE AND MUSIC VISITS				
I/We would like to book places for the following event and enclose a cheque for £				
Event:				
Date & time:				
Name and Address <u>with postcode</u>				
Phone number	e-mail		Phone number in case of emergency	
Please send this completed form and cheque made payable to Knutsford U3A to Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR. Tel. 01565 872643 Cheques should be made out to Knutsford U3A.				

BOOKING FORM – THEATRE AND MUSIC VISITS

I/We would like to book places for the following event and enclose a cheque for £				
Event:				
Date & time:				
Name and Address <u>with postcode</u>				
Phone number	e-mail	Phone number in case of emergency		
Please send this completed form and cheque made payable to Knutsford U3A to Margaret Hinde, 1 Warford Hall Drive,				
Great Warford, Alderley Edge, SK9 7TR. Tel. 01565 872643 Cheques should be made out to Knutsford U3A.				

ACTIVITY GROUPS

If you are interested in joining any of these groups, there is more information about them on our website, and by phoning the Co-ordinator concerned.

Architecture

4th Tuesday afternoons at 3pm, Heath Room, Council Offices, Toft Road. Co-ordinator: Trevor Hosking 07950 414490

Art Appreciation 1 4th Wednesday of each month at 10.30 am at the Methodist Church Co-ordinator: Margaret Joscelyne Tel: 01565 633147

Art Appreciation 2 1st Tuesday of each month at 7.30 pm Co-ordinator: Jennifer Harrison Tel: 01565 633578

Book Group 1 4th Monday of each month 2 – 4 in members' homes Co-ordinator: Rosemary Binns Tel: 01565 633670 ***Full**

Book Group 2 Monthly on Thursday from 10.30 – 12 in members' homes Co-ordinator: Monica Beswick Tel: 01565 651515

Book Group 3 1st Thursday of each month at 10 Co-ordinator: Freda Froehlich Tel: 01565 633045

Book Group 4 2nd Tuesday of each month at 10 Co-ordinator: Pauline Hales Tel 01565 650214 ***Full**

Book Group 5 3rd Thursday of each month at 10 - 12 Co-ordinator: Evelyn Brown Tel: 01565 653684

Bridge

Fridays at Toft Cricket Club. 9.10-10am Tuition play. 10-12 Duplicate play. Co-ordinator: Jenny Saint Tel: 07703741603

Calligraphy

Alternate Tuesdays 2 – 3.30 or Alternate Wednesdays 7 – 8.30 Coordinator: Angela Eccles Tel: 01625 861314

Computer Group

Alternate Tuesdays at 3 Autumn and Spring terms Co-ordinator: Robert Watson Tel: 01565 633147

Crown Green Bowls 1

Summer Meetings each Tuesday at 10 The Railway Inn Mobberley Co-ordinator: Lee Hough Tel: 07964846269

Crown Green Bowls 2 Summer Meetings each Friday 10.30 The Railway Inn, Mobberley Co-ordinator: Colin Bowman

Tel: 01565 653242 **Cycling** Fortnightly morning cycle rides on Monday and Thursdays at 10am. Co-ordinator Pat Lee Tel: 07769 877293

Drawing and Painting

Each Monday between 10 – 12 at Toft Church rooms Co-ordinator: Jill Board Tel: 01565 652948 ***Full**

Family and Social History 2nd Friday of each month at 2 Room 4, The Methodist Church Co-ordinators: Allan Jones Tel: 01565 633435 Andrea Lord Tel: 01565 872295

Film at the Curzon One or two afternoons a month. Co-ordinator: Evelyn Brown Tel: 01565 653684

French Intermediate

1st and 3rd Thursdays of each month at 2 in members' homes. Co-ordinator: Jill Board. Tel: 01565 652948 ***Full**

French to Get By

Each Thursday 10 – 11.30 at Methodist Church. Co-ordinator: Barbara Brady Tel: 01565 653764 ***Full**

Garden Visits

Random meetings when the gardens are open. Planning meetings about three times a year. Co-ordinators: Karen Crump Tel: 01565 651474 and Val Homer Tel: 01565 652282

Gardening

1st Thursday each month at 2.15pm Co-ordinator: Pam Bolland Tel: 01925 753391

Geology Group

3rd Monday of each month upstairs at The Angel 7:30 – 9.30 Co-ordinator: Mark Barley Tel: 01565 632483

German

Fortnightly on Fridays 9:30 – 11 at Methodist Church Co-ordinator: David English Tel: 01565 625815

Italian for Beginners

Small group, meeting on self- help basis. Co-ordinator: David Milson 01565 750758

Knitting

Monthly on 1st Tuesday at 10 in members' houses Co-ordinator: Jane McHarry Tel: 01565 651036

Mah Jong

2nd and 4th Friday each month at 10:00 at Knutsford Library. Co-ordinator: Sue Lawson <u>Tel: 01565</u> 734366 and Nicki Wright: Tel: 01565 733891 Music Appreciation 3rd Monday of each month from 1.45 – 3.15 in Room 5 at Knutsford Methodist Church. Co-ordinator: Tessa Gurney Tel: 01477 533076

Needlecraft

3rd Thursday of each month from 10 – 12 Members' homes Co-ordinator: Judith Shirley Tel: 01565 652448

Outings and Visits As arranged – see website for details Contact: Lynda Harris Tel: 01565 621058

Philosophy

3rd Wednesday each month 10:30 – 12 Room 5, Methodist Church Contact: Shirley Dignam Tel: 01565 652958

Play Reading Last Friday each month at 10 – 12 in members' homes Co-ordinator: Peter Willgoose Tel: 01565 631255

Poetry Reading 1st Tuesday each month at 2 pm at Royce Court Co-ordinator: Veronica Gordon Tel: 01565 873762

Scientific Book Group 3rd Thursday each month at 2.30 Co-ordinators: Gill Warboys Tel 01565 651858 and Bob Bateman Tel: 01565 652905

Scrabble Friday each week at 2 in Library

Co-ordinator: Avril Slade Tel: 01565 633997

Seasonal Cookery 4th Tuesday each month 10 –12 Co-ordinator: Anne Rowland Tel: 01625 860290 *Full

Spanish Advanced Each Tuesday, 10 – 11 at the Methodist Church. Co-ordinator: Eileen Denne Tel: 01565 633441 ***Full** Spanish Intermediate

Each Tuesday 10:30 – 11.30 at the Jubilee Hall Co-ordinator: Graham Rigg Tel: 01565 650103

Table Tennis 1

Each Monday from 10 – 12 at Knutsford Sports Club, Mereheath Lane Co-Ordinator: Andrew Poole Tel: 01565 733332

Table Tennis 2Each Friday from 2-4 at KnutsfordSports Club. Mereheath Lane.Coordinator Andrew Poole.Tel 01565 733332

Tai Chi/Qi Gong

Weekly on Thursdays at 4 – 5 at Knutsford Sports Club on Mereheath Lane. Coordinators: Evelyn Flett Tel: 01565 653048 Yvonne Baker Tel: 01565 651204 ***Full**

Tennis – not on over the summer. Will re-start in September Monday mornings 9.30 at Knutsford

Tennis Club, Mereheath Lane. Co-ordinator Sonia Amos Tel: 01565 651029

Theatre and Concert Visits

Random meetings dependent upon performances. See Website for full programme details. Co-ordinator: Margaret Hinde Tel: 01565 872643

Theatre and Film Discussion 3rd Wednesday each month 3.30 – 5.30

in members' homes. Co-ordinator: Anita Goldman Tel: 01565 651717

Walking Football Fortnightly meetings on Tuesdays 2-2.45pm at Egerton Youth Club. Co-ordinator: Stuart Allan Tel: 01565 632904 Walking Group 1

Walks on alternate Mondays and Wednesdays at 9.30 in the lay by on the Mobberley Rd. Co-ordinator Margaret Cole Tel 01565 633569

Walking Group 2

Walks on alternate Wednesdays and Mondays. Meet at 9:30 in the lay-by on Mobberley Road Co-ordinator: Tony Roberts Tel: 01565 632735

Walking Group 3 - Medium Walks

Walks on alternate Thursdays and Fridays. Meet at 9.30 in the lay-by on Mobberley Road Co-ordinator: Margaret Hinde Tel: 01565 872643

Walking Group 4 – Three Milers

Walks on alternate Monday and Wednesdays. Meet at 9.55 in the lay-by on Mobberley Road Co-ordinator: Mike Cooper Tel: 01565 228931

Walking Group 5 – 5 K

Walks are twice a month on Mondays or Wednesdays. Meet at 10 in the lay-by on Mobberley Road Co-ordinator: Sheila Fitches Tel: 01565 633076

Walking Group 6 – Three Milers Too

Walks on Thursdays. Meet at 10 in the lay-by, Mobberley Road Contacts: Gill Warboys Tel: 01565 651858 and Avril Reynolds Tel: 01565 632541

Wine Tasting 1

2nd Monday each month on at 7 at St Vincent's Church Hall. Co-ordinators: Margaret Joscelyne Tel:01565 633147 and John Baldwin Tel: 01565 654285 * **Full**

Wine Tasting 2

1st Wednesday each month at 7.30 St Cross Church. Contacts: Maurice and Denise Vallois. Tel: 01565 650286 ***Full**

Writing for Pleasure

3rd Wednesday each month at 10 in members' homes Co-ordinator: Michael Goldman Tel: 01565 651717

Knutsford and District U3A Membership Renewal Form

Please print this form, complete your details and **read the privacy statement overleaf**. Then return the form, together with your cheque and a stamped addressed envelope, to our Membership Secretary Veronica Gordon, 38 Carlisle Close, Mobberley WA16 7HD or you can bring your cheque and completed form to the September Members' Meeting.

Name	
Email*	Telephone
Address	
	Postcode

*To reduce costs, the committee will communicate with you via email where possible.

MEMBERSHIP FEES

The Annual Fee is currently £15.00. (£10.00 for Associate Members)

This fee includes a £3.50 membership fee paid to our national organisation, the Third Age Trust, which provides a wide range of services and benefits, including liability insurance cover. Membership fees are payable by cheque to KNUTSFORD AND DISTRICT U3A.

TERMS AND CONDITIONS OF MEMBERSHIP

All members must:

- Abide by the Principles of the U3A movement.
- Act in the best interests of the U3A and never do anything to bring the U3A into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times.
- Comply with and support the decisions of the elected committee.
- Advise the committee of any change in your personal details.

I apply for membership of Knutsford and District U3A and confirm that I will abide by the terms of membership as stated above. I confirm that I have completed the form myself. I enclose my cheque for £15.00 (£10.00 for Associate Members).

Signed

Date

Are you happy to be added to the direct mailing list for the Third Age Trust magazines – Third Age Matters and Sources? If so, please tick the box below:



I consent to my data being shared with the company who oversee the distribution of the Third Age Trust Magazines.

PLEASE TURN OVER

Membership records are held on computer and comply with the Data Protection Act 1998 and the General Data Protection Regulations 2018. These records are used only for purposes directly connected to U3A activities, and are not revealed to third parties.

PRIVACY STATEMENT

Knutsford and District U3A requires members to provide their personal information so that you can be kept informed about events and activities that are offered as part of your membership. In collecting your information Knutsford and District U3A will:

- Store it securely
- Use it to communicate with you as a U3A member.
- Share your information with Activity Group Co-ordinators, for those groups that you are a member of.
- Send you general information about the Third Age Trust*

*The Third Age Trust are the national office to which all U3As are affiliated.

Please be advised that you can request for your data not to be used for the direct postal mailing of Third Age Trust magazines at any time by emailing <u>info@knutsfordu3a.co.uk.</u>

Principles and Ethos of the U3A

Applicants should note that the U3A is a self-help organisation run by volunteers. In the light of this, members are encouraged to participate both in their Activity Groups and in the running of the organisation as a whole and consider whether they can volunteer in any of the roles required to facilitate the stability and continuation of the organisation. These may include Committee membership, Activity Group co-ordinator, membership of sub-committees, tea rota helper etc.

If you would like more information regarding ways to participate please tick the box below and give brief details of what you would be interested in: