



General Enquiries and Webmaster: info@knutsfordu3a.co.uk
Newsletter contributions: newsletter.knutsfordu3a@gmail.com

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FROM THE CHAIR

Welcome to your late Summer edition of Kanuta - I'd like to thank Sue Allan who has kindly agreed to continue in her role as Newsletter Editor, after standing down from the Committee after 3 years. I'm sure you all value reading Kanuta as an essential way of finding out about U3A activities, as well as by going on our website, thanks to the continuing hard work of David English.

Thank you to everyone who came to the AGM in July, I'm sure you all enjoyed the speaker afterwards very much! You will find the full Trustee report and accounts on our website by looking under the heading "How we work" and you'll see listed 'Accounts and Trustee Report 2019'.

September is the time to renew your membership so please see the Renewal Form inside and renew your membership as soon as possible. It's really helpful if as many people as possible can do this by post, not forgetting to complete the form fully, and enclose a stamped addressed envelope so Veronica can post you your membership card and other information. As you know, the subscription has been reduced to just £13 this year, a bargain surely!

On September 12th our Members Meeting will have two parts to it, as in the last two years. One is that we will be having a variety of our Activity Groups and their Co-ordinators having a table so that you can find out more about what they do. You might be interested in joining a different group or just want to know what the various groups actually do. All the Co-ordinators will be pleased to chat, and some will have information to show you so do come along. This year the ones taking part include- Tai Chi, Mah Jong, Family and Social History, Walking Football, Music Appreciation, Philosophy, Wine Tasting 2, Walking Groups 1 and 3, Tennis, Social Cycling, Table Tennis, Knitting and Italian for Beginners. In addition, there are two intriguing potential new groups to explore - Global warming, and Musicians Jammin'.

As well as the Activity Groups, there will also be tables for information on future Outings and Theatre trips, thanks to Lynda Harris and Margaret Hinde, and the Outings Committee. We'll have large blue display panels at the back of the church to show where the different tables are.

Veronica and her team will be in the tea room to accept renewal forms but if you can do it by post that will save her much work, and will save you time queuing! More time to sit down for a cuppa and chat! If you do renew on the day, please make sure you have completed your form fully, and filled out your cheque correctly.

Christine Jones, Chair

MEMBERS' MEETINGS

Knutsford Methodist Church
Second Thursday of every month starting 2.15pm

Thursday 12th September	Membership Renewal Day There will be no speaker at this meeting, but an opportunity to renew your membership by paying your annual subscription, a bargain at only £13 this year! Please remember that if you do not pay your subscription either at this meeting or by post you will no longer be a member of Knutsford U3A and therefore not entitled to go on trips or attend groups. There is a renewal form at the end of this Kanuta. We will be having tables in the main church for the Activity Groups so that members (and the public) can have a chance to find out more about what the different groups do.
Thursday 10th October	Two speakers from the RHS, Lynda Anderson and Claire Finnerty, will speak about 'The Making of RHS Garden, Bridgewater'. The RHS is creating a new garden, Bridgewater, on a site at Worsley near Salford. It is one of the largest gardening projects in Europe. Two speakers from the RHS team will talk about the plans and progress of this garden. The talk will cover the history, the present work and the future vision of this new exciting project that is almost on our doorstep. There will be illustrations throughout.
Thursday 14th November	A talk by Peter Ashburner, formerly from Marshalls the auctioneers Details to follow.

2019/2020 Committee members' names and roles

Name	Role
Christine Jones	Chair
Mark Barley	Vice Chair
Margaret Wilford	Events Organiser
Barbara Arnell	Outings & Speakers Link, and Accessibility Officer
Veronica Gordon	Membership Secretary
Colin Bowman	Treasurer and Activities Treasurer
Evelyn Brown	Welcome Team Leader, and Minutes Secretary
Stuart Allan	Groups Supporter
Roger Brown	Publicity
Irene Hardy	

THEATRE AND MUSIC TRIPS

Autumn 2019



BOOKING

PLEASE use a **separate booking form** and a **separate cheque** (made payable to Knutsford U3A) for **each performance** and send to **Mrs Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR.** For further information telephone **01565 872643** or email info@knutsfordu3a.co.uk.

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‘SEASON’S GREETINGS’

Written and directed by Alan Ayckbourn

Tuesday, 22nd October, 7.30 pm
New Vic Theatre, Stoke on Trent

Cost, including transport, £31.00
Coach departs 6 pm.

A combination of Alan Ayckbourn and the New Vic Theatre is one not to be missed! When families get together for a celebration there’s a danger all hell will break loose, which is the basis of a sparkling new production of a truly classic Ayckbourn comedy that has been a favourite for some years.

‘One of his finest works’ - Daily Telegraph, 2010

‘Mordantly hilarious - a classic of drunken disaster and misrouted passions’ – The Guardian 2010

A few tickets remaining for:-

‘HANDBAGGED’
by Moira Buffini

Tuesday, 24th September, 7.30pm
New Vic theatre, Stoke on Trent

Cost ,including transport, £ 31.00
Coach departs 6 p.m.

What might have been said at the weekly meetings at Buckingham Palace between the Queen and Margaret Thatcher? We shall never know of course but this play gives us an immensely enjoyable, and at times very funny and plausible, suggestion of what might have happened. It reminds us of some of the important events of the ten years Mrs Thatcher was in power, from majority rule in Zimbabwe and sanctions on apartheid South Africa to IRA activities and the Brighton bomb, mixed with lighter moments such as Mrs T’s visit to Balmoral.

Their conversations are delightfully interrupted by 17 other personalities: Denis Thatcher, the Reagans, Rupert Murdoch, Kenneth Kaunda, Michelle Obama, to name but a few, all depicted by just two actors and many hats!

This is an ‘in house’ production by the New Vic Theatre of a play which has been well received since it first appeared in 2013, playing in the West End for twelve months , with many positive reviews praising its humour as well as its subject matter. The New Vic rarely lets us down and hopefully they have chosen well with this one.

'YES, PRIME MINISTER'

Saturday, 9th November, 2.30 pm
Theatre Clwyd, Mold

Cost, including transport, £38. 00
Coach departs 11.15 am.

'Yes, Prime Minister' is, of course, based on the popular TV series. Following three sell out West End seasons, it is fast becoming one of the most successful plays for a decade.

This is a matinee performance, and we leave in time to have lunch beforehand at either the theatre or the pub (The Glasfryn)!

Tickets for all three performances will be on sale at the September Open Meeting. Or they can be reserved by sending a cheque (separate cheques for each performance please), made out to Knutsford U3A, to Margaret Hinde, 1 Warford Hall Drive, Alderley Edge, SK9 7TR, together with a booking form or covering letter.

THEATRE - DATES FOR YOUR DIARY

'GYPSY' - The Royal Exchange 'Christmas' musical production, based on life of Gypsy Rose Lee.
Thursday, January 9th 2020, 7.30 pm. Booking September/October

'LES MISERABLES' - The well loved musical from the West End at The Lowry
Wednesday, May 20th 2020, 7.30 pm. Booking January 2020

Concert News

Sadly, it has not been possible to arrange a concert with Chetham's music students for this year as Chetham's have advised that they are fully booked for 2019. We expect to hear shortly from Chetham's with a date for a future concert in November, 2020. Chetham's have advised that they are keen to return to the Knutsford U3A as they always enjoy performing for us.

In the meantime, we are pleased to report that early next year, on 28th February, 2020, the Eblana String Trio have agreed to make a return visit for an afternoon concert for the U3A. Eblana will be presenting a new programme of pieces for this concert and further details will be available nearer the time.

Eileen and Richard Martindale

OUTINGS – DATE FOR YOUR DIARY

Tuesday 14th January – a return visit to Chethams and Manchester Cathedral with guided tours in both places. Further details to follow. Please contact Fran Cogger on 01565 228503.

OUTINGS

TRIP TO LICHFIELD CATHEDRAL AND NATIONAL MEMORIAL ARBORETUM

Thursday 19th September 2019

Departing Knutsford Bus Station 8.45a.m

Cost (to include morning coffee/tea on arrival at Lichfield, tour of Cathedral, tour of Arboretum by Land Train)
£29.00

The coach will leave the Bus Station at 8.45 a.m. to travel to Lichfield Cathedral and to arrive in time for coffee/tea at 10.15/10.30 am. After coffee we will have a guided tour of the Cathedral with time afterwards to ask questions or to look around the Cathedral.

The coach will then collect us to travel to the National Memorial Arboretum to arrive at 12.30p.m. Lunch can be purchased at the coffee shop. If you prefer, please bring a picnic lunch and purchase hot drinks etc.

At 2 pm we will meet in the Chapel for a short talk prior to boarding the covered Land Train and enjoy the running commentary as you explore the grounds of the Arboretum and the symbolism behind the memorials. The tour lasts for fifty minutes and covers around two-thirds of the Arboretum grounds.

We will leave the Arboretum at 4.30 pm to travel back to Knutsford.

To book a place for this visit send your cheque (payable to Knutsford U3A) for £29.00 per person, together with the booking form below to Irene Hardy, Holly Bush Farm, Tabley WA16 0HP.

If you book a place on this trip please keep these details for future reference.

TO BOOK A PLACE FOR THIS VISIT SEND YOUR CHEQUE (MADE PAYABLE TO KNUTSFORD U3A) FOR £29 PER PERSON, TOGETHER WITH THE BOOKING FORM BELOW, TO:-

Irene Hardy, Hollybush Farm, Tabley, Knutsford, WA16 0HP Tel: 01565 633348

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Booking form – Lichfield Cathedral/National Memorial Arboretum

I/We would likeplaces for the above trip on Thursday 19th September 2019, and enclose a cheque made payable to Knutsford U3A for £.....

Name(s) and address with postcode:

.....

Home Phone no. Mobile

Email

Name and contact number in case of emergency

VISITS TO THE AMAZON 'FULFILLMENT CENTRE' AND WATERS CORPORATION, WILMSLOW

WEDNESDAY, OCTOBER 16TH

Coach departs 9.15 am

Cost £23.00, includes tours, buffet lunch and transport

Discover what happens inside the vast **Amazon Warehouse** near the Airport once you place an order! Amazon call it a 'Fulfillment Centre' because the entire process of ordering and despatching millions of items, utilizing high end technology robotic units, is completed from start to finish in one building. We have booked a one hour guided tour with some walking and a few steps. There are no refreshments on offer so maybe have a coffee at Booths before we depart at 9.15am?

After the Amazon tour, we have a buffet lunch, with coffee/tea on arrival, at the Honey Bee Altrincham Road, Wilmslow.

After lunch we move a little way down the road to another large new building :--

The **Waters Mass Spectrometry Headquarters**. No, I don't know what it is either, but I have been reliably informed that it is very interesting, even for those who didn't quite understand it all!

'The facility has been designed and equipped to accelerate innovation in the field of mass spectrometry - a sensitive analytical technique that enables scientists to confidently measure components or contaminants present at microscopic levels. – used to provide medical diagnosis, develop health care solutions, protect the environment, and safeguard food and water supply.' - Hope that helps!

We have tea/coffee on arrival, an introductory talk and a tour of the premises. We should depart soon after 4.00pm.

If you book a place on this trip please keep these details for future reference. Please note: The number of places available is limited.

To book a place for this visit send your cheque (made payable to Knutsford U3A) for £23 per person, together with the booking form below, to Margaret Hinde, 1 Warford Hall Drive, Alderley Edge, SK97TR or hand them in at the meeting on 12th Sept.

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Booking form – Amazon fulfillment centre and Waters corporation

I/We would likeplaces for the above trip on Wednesday 16th October and enclose a cheque made payable to Knutsford U3A for £.....

Name(s) and address with postcode:

.....

Home Phone no. Mobile

Email

Name and contact number in case of emergency

GORTON MONASTERY AT CHRISTMAS

Wednesday 18th December 2019

Depart Knutsford Bus Station 10 am
(to be confirmed)

Return to Knutsford 5.30
(to be confirmed)

Cost £40 to include: Drink on arrival, Talk, Lunch and Christmas Music

There are four places left for this outing. Please let me know as soon as possible if you are interested.

Gorton is rather special at Christmas. We have been before for a Carol Concert but this is an opportunity too good to miss. The talk is by one of the Trust Team, Lunch is three courses consisting of soup and warm bread, Christmas dinner (turkey or nut roast) with all the trimmings, Christmas pudding, coffee/tea and the event ends with Christmas music and optional Carol Singing.

To book a place for this event please send your cheque (made payable to Knutsford U3A) for £40 per person, together with a booking form to Lynda Harris at 10 Lindop Close, Knutsford WA16 8AY, Tel 01565 621058.

Booking form – Gorton Monastery at Christmas

I/We would like places for the Gorton on Wednesday 18th December and enclose a cheque for
£.....

Names(s) and address(es) with postcode

.....
.....

Phone no. Email

Name and contact number in case of emergency

Are you a Hi-Fi Enthusiast?

Knutsford U3A have a **Mordaunt-Short MS 308 Sub Woofer Loudspeaker** which is now surplus to requirements. If you are interested, please contact Robert Watson by e mail on:-

info@knutsfordu3a.co.uk

Knutsford U3A Equipment

We have a wide range of equipment available for groups to borrow ranging from projectors, screens, lap tops, PA systems etc. to a laminator. Groups who borrow this equipment find that it enhances their meetings.

We have recently bought a new screen and also a new digital projector, the latter offers many new connection features compared to the older one.

With the growing use of tablets we have added leads which allow connections to digital projectors and most modern TVs.

Please contact Robert Watson on info@knutsfordu3a.co.uk if you would like to learn more.

U3A 2020 Diaries are on sale for £3.25 each on the U3A national website:

www.u3a.org.uk/resources/shop/merchandise/

NEWS FROM THE GROUPS

MUSIC APPRECIATION

Meetings are normally held on the third Monday of the month from 1.45 to 3.15 p.m. in Room 5 at the Methodist Church. The dates for the remainder of the year are:

16th September (It's in the Genes – Composing Families)

21st October (Nationalism in Music – Part 2)

18th November (Jazz Clarinets)

2nd December (Members' Choices) - early meeting to allow for members' commitments nearer Christmas.

New members are very welcome to join us for all or some of the meetings.

Please contact Tessa Gurney on 01477 533076 for further details

Tai Chi

Our two Tai Chi groups will be restarting their classes on Thursday 12 September following the summer break. Both meet on Thursdays at the Knutsford Sports Club on Mereheath Lane: one from 3pm to 4pm; and the other from 4pm to 5pm.

With our excellent tutor we practise Qi Gong exercises. These include breathing and meditation exercises to help to reduce stress and gentle physical exercises using the muscles of the whole body to improve core strength, balance and flexibility. You don't need any previous experience or special equipment to be able to take part.

We have a few spaces at the moment so, if you think Tai Chi might be for you, please contact either of the two Coordinators – Yvonne Baker (01565 651204) or Evelyn Flett (01565 653048). Alternatively, you can speak to Yvonne in person at the U3A Renewals and Activity Groups Information Day which is being held at the Methodist Church from 2.15pm on 12 September.

Family & Social History Group

We are a small, friendly group who meet at 2 pm on the second Friday of every month at the Methodist church. We are always looking for new members. What we do varies a lot. Sometimes we have a speaker, occasionally we go on trips, whilst other times we involve group members in a discussion-based gathering. That is usually fascinating!

What we don't normally do is carry out detailed research into our ancestors, but we can offer guidance to anyone wishing to start on that journey.

Below is a list of a few of the subjects we'll be covering in the next few months, to give you a flavour of the range of things we do.

- The history of Knutsford Prison.
- The Egerton family.
- Three Brown brothers - Victorian Entrepreneurs.
- Victorian Workhouses.

In October 2019 we're using a case study to show the huge range of websites that can be really useful in finding out about the lives of our ancestors. It's quite amazing the range of information that is available from sources you wouldn't think would be of any use at all. And most of these sources are free!

Finally, we will be having a table at the September meeting in the Methodist Church Hall, so do feel free to come along and have a chat.

Allan Jones

Group Coordinator

Tel 01565 633435

WINE TASTING 2

This Wine Group has some vacancies for the new season U3A in September. If you enjoy drinking wine and would like to learn more or share your knowledge with others why not join us for a convivial evening of tasting?

We meet on the first Wednesday of each month (second Wednesday in January) between October and June inclusive at St Cross Church Hall in Mobberley Road, Knutsford.

For more information please contact Denise Vallois on 01565 650286 or John Harris on 01565 621058

Walking Groups 1 & 3 – Trip to Castleton



At the beginning of August members of Walking Groups 1 and 3 combined to go on a coach trip to Castleton. Having driven through Whaley Bridge about half an hour before the village was closed and evacuated due to rain damage to the dam above it roughly half the group alighted in a layby to do a 5 mile linear walk into Castleton via Rushup Edge, Mam Tor, Hollins Cross and down into the village. The weather was perfect for walking, the scenery on both sides of the ridge was spectacular and the group enjoyed a lunch stop with sweeping views of the valley. This photo was taken at the summit of Mam Tor.

The second group of walkers stayed on the coach as far as Edale where, after a coffee stop, they did a slightly shorter, low level circular walk which also included some lovely scenery and a lunch stop. They then got back on the coach and were driven to Castleton to meet up with the linear walk group for tea and a look round the village. Wendy, our very obliging coach driver, then had to take us back to Knutsford via a very circuitous route as, by that time, Whaley Bridge had been completely closed off due to the danger of the dam bursting. All in all it was a very enjoyable day out and we avoided all the rain that was around on that day. Thanks to Margaret Hinde and Margaret Cole who helped to organise the trip.

Sue Allan

Ideas for a new group??

If you want to discuss ideas for a new group or want advice on how to set one up please contact Stuart Allan, our Groups Supporter on 01565 632904.

BOOKING FORMS FOR THEATRE & MUSIC

Please:

- Write the name of the performance or outing on the back of your cheque
- Make your cheque payable to Knutsford and District U3A
- Send a stamped, addressed envelope if you want your reservation confirmed
- If you are not making a booking at a General Meeting, please use a separate booking form and a separate cheque (made payable to Knutsford U3A) for each performance and send to Mrs Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR.

You will be contacted if your booking was NOT successful.

BOOKING FORM – THEATRE AND MUSIC VISITS		
I/We would like to book places for the following event and enclose a cheque for £.....		
Event:		
Date & time:.....		
Name and Address <u>with postcode</u>		
Phone number	e-mail	Phone number in case of emergency
Please send this completed form and cheque made payable to Knutsford U3A to Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR. Tel. 01565 872643 Cheques should be made out to Knutsford U3A.		

BOOKING FORM – THEATRE AND MUSIC VISITS		
I/We would like to book places for the following event and enclose a cheque for £.....		
Event:		
Date & time:.....		
Name and Address <u>with postcode</u>		
Phone number	e-mail	Phone number in case of emergency
Please send this completed form and cheque made payable to Knutsford U3A to Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR. Tel. 01565 872643. Cheques should be made out to Knutsford U3A.		

Items of interest from the July U3A National Newsletter

U3A Offer 👍

Bloomsbury Publishing are offering book loving U3A members a **30% discount** on most books on the site, that includes fiction, non fiction, children's and cookery plus a discount on all events at the Bloomsbury institute using the code **U3A30** at checkout.

Bloomsbury also own the Writers' and Artists' brand and the 30% discount is also included on their editing services and one day events run by the Writers and Artists website <https://www.writersandartists.co.uk/> use code **U3AWRITERS**

Interested in a Geology trip?

Are you interested in a potential Geological and Cultural visit to Lanzarote in September 2020?

The trip would be organised by Dr John Cubitt and his Wife Professor Cynthia Burek after they organised a similar trip for the OU tutors group last year and will include the Geology of South Lanzarote and North Lanzarote, including the lava tunnels of Cuervos Las Verde and Jameos del Agua.

For more information and details please contact John on 07714430171 or at johnmcubitt@gmail.com

You can sign up to receive the National Newsletter every month by going to the www.U3A.org national website.

ONE YOU – Cheshire East are offering free Healthy Living programmes near you. These include:

Becoming more active – a tailor-made Leisure Centre programme with your own lifestyle coach and reduced membership fees on course completion.

Reducing risks of falls – exercise programmes and courses for over 65s with instruction on reducing falls risk factors.

To sign up or get more information call Freephone 0808 1643 202 or see website oneyoucheshireeast.org.

ACTIVITY GROUPS

If you are interested in joining any of these groups, there is more information about them on our website, and by phoning the Co-ordinator concerned.

Architecture

4th Tuesday at 3pm. Heath Room
Council Offices,. Co-ordinator: Trevor
Hosking 07950 414490

Art Appreciation 1

4th Wednesday of each month at 10.30
Methodist Church
Co-ordinator: Margaret Joscelyne
Tel: 01565 633147

Art Appreciation 2

1st Tuesday of each month at 7.30 pm
Co-ordinator: Jennifer Harrison
Tel: 01565 633578

Book Group 1

4th Monday of each month 2 – 4 in
members' homes
Co-ordinator: Rosemary Binns
Tel: 01565 633670 **Full**

Book Group 2

The 3rd Thursday of the month from
10.30 – 12 in members' homes
Co-ordinator: Monica Beswick
Tel: 01565 651515

Book Group 3

1st Thursday of each month at 10
Co-ordinator: Freda Froehlich
Tel: 01565 633045

Book Group 4

2nd Tuesday of each month at 10am
Co-ordinator: Pauline Hales
Tel 01565 650214 **Full**

Book Group 5

3rd Thursday of each month at 10 - 12
Co-ordinator: Evelyn Brown
Tel: 01565 653684

Book Group 6 Mainly for Men

No fixed time, meetings arranged to
suit.
Co-ordinator; John Unterhalter
[Tel:01565 873211](tel:01565873211)

Bridge

Fridays at Toft Cricket Club.
9.10-10am Tuition play.
10-12 Duplicate play.
Co-ordinator: Jenny Matthews
Tel: 0770 374 1603

Computer Group

Alternate Tuesdays at 3 Autumn and
Spring terms
Co-ordinator: Robert Watson
Tel: 01565 633147

Crown Green Bowls 1

Summer Meetings each Tuesday at 10
The Railway Inn Mobberley
Co-ordinator: Lee Hough
Tel: 0796 484 6269

Crown Green Bowls 2

Summer Meetings each Friday 10.30
The Railway Inn, Mobberley
Co-ordinator: Colin Bowman
Tel: 01565 653242

Digital Photography

Co-ordinator; David Woolf
Tel: 01925 755097
Future courses to be arranged

Drawing and Painting

Each Monday between 10 – 12 at Toft
Church rooms
Co-ordinator: Jill Board
Tel: 01565 652948 **Full**

Family and Social History

2nd Friday of each month at 2
Room 4, The Methodist Church
Co-ordinator: Allan Jones
Tel; 01565 633435

Film at the Curzon

One or two afternoons a month.
Co-ordinator: Evelyn Brown
Tel: 01565 653684

French Intermediate

1st and 3rd Thursday of each month at
2.pm in members' homes.
Co-ordinator Jill Board
Tel. 01565 652948 **Full**

French to Get By

Each Thursday 10 – 11.30 at Methodist
Church. Co-ordinator: Barbara Brady
Tel: 01565 653764

Gardening

1st Tuesday each month at 2.15pm
Co-ordinator: Pam Bolland
Tel: 01925 753391

Geology Group

3rd Monday of each month in members'
homes 7:30 – 9.30
Co-ordinator: Mark Barley
Tel: 0161 929 9438

German

Fortnightly on Fridays 9:30 – 11 at
Methodist Church
Co-ordinator: David English
Tel: 01565 625815

History at Random

Alternate Thursdays 2.00-4.00pm
Methodist Church Hall. Resuming in the
Autumn 2019
Co-ordinator David Cogger
[Tel:01565 228503](tel:01565228503)

Italian for Beginners

Small but growing group on self-help basis.
2.00pm on Mondays
Knutsford Council Offices.
Co-ordinator: David Millson
Tel; 01565 750758

Jammin'

A small, friendly group of musicians playing
together on a weekly basis for the fun of it.
Co-ordinator: Helen MacAlister Smith
Tel: 01565 653330 or text 07793 191319

Knitting

Monthly on 1st Tuesday at 10 in members'
houses
Co-ordinator: Jane McHarry
Tel: 01565 651036

Mah Jong

2nd and 4th Friday each month at 10am
At Knutsford Library. Co-ordinator:
Pat Harrison Tel: 01565 228702

Music Appreciation

3rd Monday of each month from 1.45 – 3.15
in Room 5 at Knutsford Methodist Church.
Co-ordinator: Tessa Gurney
Tel: 01477 533076

<p>Philosophy 3rd Wednesday each month 10:30 – 12 Room 5, Methodist Church Contact: Shirley Dignam Tel: 01565 652958</p> <p>Play Reading Last Friday each month at 10 – 12 in members' homes Co-ordinator: Peter Willgoose Tel: 01565 631255</p> <p>Poetry Reading 1st Tuesday each month at 2 pm at Royce Court Co-ordinator: Veronica Gordon Tel: 01565 873762</p> <p>Scientific Book Group 3rd Thursday each month at 2.30 Co-ordinators: Gill Warboys Tel 01565 651858 and Bob Bateman Tel: 01565 652905</p> <p>Scrabble Friday each week at 2 in Library Co-ordinator: Avril Slade Tel: 01565 633997</p> <p>Seasonal Cookery 4th Tuesday each month 10-12 Co-ordinator: Anne Rowland Tel: 01625 860290 Full</p> <p>Social Cycling Fortnightly morning cycle rides on Monday and Thursdays at 10am. Co-ordinator Pat Lee Tel:07769 877293</p> <p>Spanish Advanced Each Tuesday 10.00-11.00 at the Methodist Church. Co-ordinator Eileen Denne Tel: 01565 633441 Full</p> <p>Spanish Intermediate Each Tuesday 10.30-11.30 at the Jubilee Hall. Co-ordinator Graham Rigg Tel: 01565 650103</p>	<p>Table Tennis 1 Each Monday from 10 – 12 at Knutsford Sports Club, Mereheath Lane Co-Ordinator: Andrew Poole Tel: 01565 733332</p> <p>Table Tennis 2 1st & 3rd Friday of the month 2-4 at Knutsford Sports Club. Mereheath Lane. Coordinator Andrew Poole. Tel 01565 733332</p> <p>Tai Chi/Qi Gong 1 Weekly on Thursdays at 4 – 5 at Knutsford Sports Club on Mereheath Lane Coordinators: Evelyn Flett Tel: 01565 653048 Yvonne Baker Tel: 01565 651204 Full</p> <p>Tai Chi/Gong 2 Weekly on Thursdays at 3-4pm at Knutsford Sports Club Mereheath Lane. Co-ordinator Evelyn Flett Tel:01565 653048</p> <p>Tennis For the summer sessions contact Co-ordinator: Patrick Gibbons Tel: 07767 257619</p> <p>Theatre and Film Discussion 3rd Wednesday each month 3.30 – 5.30 in members' homes. Co-ordinator: Anita Goldman Tel: 01565 651717</p> <p>Walking Football Fortnightly meetings on Tuesdays 2- 2.45pm at Egerton Youth Club. Co-ordinator: Stuart Allan Tel: 01565 632904</p> <p>Walking Group 1 Walks on alternate Mondays and Wednesdays. Meet at 9:30 in the lay-by on Mobberley Road. Co-ordinator: Margaret Cole. Tel: 01565 633569</p> <p>Walking Group 2 Walks on alternate Wednesdays and Mondays. Meet at 9.30 in the lay-by on the Mobberley Road Co-ordinator: Tony Roberts Tel: 01565 632735</p>	<p>Walking Group 3 - Medium Walks Walks on alternate Thursdays and Fridays. Meet at 9.30 in the lay-by on Mobberley Road Co-ordinator: Sue Allan Tel: 01565 632904</p> <p>Walking Group 4 – Three Milers Walks on alternate Monday and Wednesdays. Meet at 9.55 in the lay-by on Mobberley Road Co-ordinator: Mike Cooper Tel: 01565 228931</p> <p>Walking Group 5 – 5 K Walks are twice a month on Mondays or Wednesdays. Meet at 10 in the lay-by on Mobberley Road Co-ordinator: Sheila Fitches Tel: 01565 633076</p> <p>Walking Group 6 Walks on Thursdays. Meet at 10 in the lay-by on Mobberley Road Contacts: Gill Warboys Tel: 01565 651858 and Avril Reynolds Tel: 01565 632541</p> <p>Wine Tasting 1 2nd Monday each month on at 7 at St Vincent's Church Hall. Co-ordinators: Margaret Joscelyne Tel:01565 633147 and John Baldwin Tel: 01565 654285 Full</p> <p>Wine Tasting 2 1st Wednesday each month at 7.30 St Cross Church Contacts: Maurice and Denise Vallois. Tel: 01565 650286 Full</p> <p>Writing for Pleasure 3rd Wednesday each month at 10 in members' homes Co-ordinator: Michael Goldman Tel: 01565 651717</p>
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Knutsford and District U3A

Membership Renewal Form

Please print this form, complete your details and **read the privacy statement overleaf**. Then return the form, together with your cheque and a stamped addressed envelope, to our Membership Secretary Veronica Gordon, 38 Carlisle Close, Mobberley WA16 7HD or you can bring your cheque and completed form to the September Members' Meeting.

Name	
Email*	Telephone
Address	
Postcode	

*To reduce costs, the committee will communicate with you via email where possible.

MEMBERSHIP FEES

The Annual Fee is currently £13.00. (£10.00 for Associate Members)

This fee includes a £3.50 membership fee paid to our national organisation, the Third Age Trust, which provides a wide range of services and benefits, including liability insurance cover. Membership fees are payable by cheque to KNUTSFORD AND DISTRICT U3A.

TERMS AND CONDITIONS OF MEMBERSHIP

All members must:

- Abide by the Principles of the U3A movement.
- Act in the best interests of the U3A and never do anything to bring the U3A into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times.
- Comply with and support the decisions of the elected committee.
- Advise the committee of any change in your personal details.

I wish to renew my membership of Knutsford and District U3A and confirm that I will abide by the terms of membership as stated above. I confirm that I have completed the form myself. I enclose my cheque for £13.00 (£10.00 for Associate Members).

Signed

Date

Are you happy to be added to the direct mailing list for the Third Age Trust magazines – Third Age Matters and Sources? If so, please tick the box below:

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I consent to my data being shared with the company who oversee the distribution of the Third Age Trust Magazines.

PLEASE TURN OVER

Membership records are held on computer and comply with the Data Protection Act 1998 and the General Data Protection Regulations 2018. These records are used only for purposes directly connected to U3A activities, and are not revealed to third parties.

PRIVACY STATEMENT

Knutsford and District U3A requires members to provide their personal information so that you can be kept informed about events and activities that are offered as part of your membership. In collecting your information Knutsford and District U3A will:

- Store it securely
- Use it to communicate with you as a U3A member.
- Share your information with Activity Group Co-ordinators, for those groups that you are a member of.
- Send you general information about the Third Age Trust*

*The Third Age Trust is the national office to which all U3As are affiliated.

Please be advised that you can request for your data not to be used for the direct postal mailing of Third Age Trust magazines at any time by emailing info@knutsfordu3a.co.uk.

Principles and Ethos of the U3A

Applicants should note that the U3A is a self-help organisation run by volunteers. In the light of this, members are encouraged to participate both in their Activity Groups and in the running of the organisation as a whole and consider whether they can volunteer in any of the roles required to facilitate the stability and continuation of the organisation. These may include Committee membership, Activity Group co-ordinator, membership of sub-committees, tea rota helper etc.

If you would like more information regarding ways to participate please tick the box below and give brief details of what you would be interested in:

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