

KANUTA

Newsletter
April 2023

General Enquiries and Webmaster: info@knutsfordu3a.co.uk
Newsletter contributions: newsletter.knutsfordu3a@gmail.com

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Membership

Renewal Form

From the Chair

Spring is just around the corner after what seems like a very long Winter. As you can see below, the Outings and Theatre groups have produced an excellent programme of trips for the Spring and Summer. There are now only a very few tickets still available for our visit to the popular musical Hamilton which is coming to the Palace Theatre, Manchester in November. I particularly enjoyed the recent trip to the JCB factory at Rocester, near Uttoxeter (see photo below). A great day out and good to see a manufacturing process using skilled labour and robotics up close.

We now have a full complement of activity groups and continue to welcome ideas for new groups. Since the beginning of the year a yoga group and a personal fitness group have started and are now meeting regularly. We also now have five walking groups, two of which arrange walks of about 5km (3 miles) on Thursdays and Fridays. If you see a group on our website that interests you do contact the group leader to find out more.

This month we will be renewing memberships. The rate is £18 for the membership year April 2023 to end of March 2024, the same as last year, despite the increase in inflation. I hope that you find being a member of Knutsford u3a a rewarding experience and that you will wish to renew your membership. As you know from a recent email sent out, we are planning to claim Gift Aid this year. If you are eligible to tick the box (either online or on the paper form) for Gift Aid please seriously consider doing so as it will allow us to reclaim the tax you paid on your membership fee; this is worth about £4.50 for each full member. We can use this money to keep our membership fees as low as possible in future years.

Within the membership section of our website you will find the options for renewing your membership. Please renew online via Beacon using the appropriate link if at all possible, as it means less work for the Committee who are all volunteers. Alternatively, you can print off a membership form and follow the instructions.

Best wishes

Mark Barley

Membership Renewal due 1st April 2023

Many thanks to those of you who have already renewed. It is quick and easy to renew on-line. You need to go to our website knutsfordu3a.co.uk and go to the 'Membership' section. From there go to the 'Renew Your Membership' section at the bottom of the page and click on 'Beacon Membership Renewal' to go to the 'Renew On-line' page.

Here you will find the Terms and Conditions of Membership followed by a final link to the Beacon renewal. You will need to enter your details exactly as they were given on the email I sent out at the end of March. If you have lost this don't worry, a reminder email containing the same information will be sent out later in April to those of you who have not yet renewed

If you need more help, a link to a 'Guide to Renewing on-line' can be found towards the bottom of the 'Renew On-line' page.

Gift Aid

Starting with the 2023/4 membership year we would like to claim **Gift Aid** on members' subscriptions.

- We can claim Gift Aid if you have paid the same amount or more in Income Tax and/or Capital Gains Tax in the tax year and you
- make a Gift Aid declaration that gives us permission to claim it.

The Gift Aid will be 25p for every £1 of your subscription so the tax we can claim on £18 will be £4.50p. This will help us to keep subscriptions as low as possible. You can Gift Aid your subscription by ticking the Gift Aid box when you renew on-line or, if you renew by cheque, ticking the Gift Aid box on the paper form. We would be grateful if those of you who are taxpayers would consider ticking the Gift Aid box.

Please note that if each member at the same address is a taxpayer and wishes to Gift Aid their subscriptions you should NOT use the on-line facility to pay both subscriptions together.

You can still renew online but each taxpayer should pay their own subscription and tick the Gift Aid box to allow us to claim Gift Aid.

If you are unsure whether you will pay enough tax, please do NOT tick the Gift Aid box.

If you pay less Income Tax and/or Capital Gains Tax in a tax year than the amount of Gift Aid claimed on all your donations it is your responsibility to pay any difference.

Once you have renewed, please let us know if you:

- want to cancel your Gift Aid declaration.
- change your name or home address.
- no longer pay sufficient tax on your income and/or capital gains.

For those of you who cannot renew on-line there is a printable Membership Renewal form at the end of this edition of Kanuta or you can download the form from our website.

Sue Allan
Membership Secretary

Members' Meetings

Knutsford Methodist Church

Second Thursday of every month starting at 2.15pm prompt

Please aim to be seated by 2.00pm

13th April

MP Esther McVey will give a general talk on the traditions of the Houses of Parliament, people she has met and how she got into politics. Please note: this is **NOT** a political talk about local or party politics.

11th May

Peter Ashburner (formerly of Marshalls Auctioneers) will give a talk entitled '**Flogit**' - about auctioneering and antiques and collectibles. He will be bringing some items to talk about.

8th June

Ray Jackson from Lower Moss Wood will give a talk about the wildlife hospital at Lower Moss Wood.

13th July

AGM – the speaker will be **Caroline Sherwin** from the Knutsford Heritage Centre and her talk is entitled '**People and Places – a virtual tour around the town**'.



Dates for your Diary



Thursday 20th July

Visit to **RHS Bridgewater Garden, Salford**

A return visit by popular request!

Full details to follow in due course.



Outings



VISIT to LIVERPOOL

Tuesday 16th May 2023

Cost, including Liver Building tour	£30.00
Cost, coach only	£15.00
Coach departs the bus station	9 am

We start our visit with an optional tour of one of the Three Graces, the iconic Liver Building on the Waterfront. In the Visitors Centre we will see unique images and pieces from the building's construction, we will meet our guide and watch a brief safety video.

A lift will take us to the 10th floor to see the views of the Mersey towards the Welsh mountains. After that 89 stairs (purely voluntary!) will take us to the 14th floor for a 9 minute, 270° Audio Visual experience unlike any other in Liverpool. A further 35 stairs get you to the 15th floor, the top of the Royal Liver Building, where you can admire the Liver Bird sculptures and enjoy the 360° degree views of the city.

On your return to the ground floor you are then free to enjoy what Liverpool has to offer at your own pace. I will provide you with an information sheet to help you make your choices which will include details of the hop on, hop off bus.

If you do not wish to climb all or any of the stairs you can return to the ground floor and begin your exploration of the city earlier.

We will meet at 4pm for the journey home.

Food and drink are not included but you will find numerous places to satisfy most needs.

If you wish to join me on this visit, please complete the Booking Form towards the end of Kanuta and send it with a cheque (made payable to Knutsford and District u3a) for the relevant amount to Lynda Harris, 10 Lindop Close, Knutsford, WA16 8AY. Do phone if you have any queries or questions on 01565 621058.

I will be available to take bookings at the Members' Meeting on Thursday 13th April.

Lynda Harris



Outings



CROMFORD MILL AND ASHFORD-IN-THE-WATER

Thursday 15th June 2023

Cost, including refreshments

£39.00

Coach departs the bus station

09:15 am

The day begins with a one and a half hour drive through lovely countryside, across the moor to Buxton and on to Cromford, situated deep in the Derwent Valley. The Mill at Cromford is part of the 15 mile long UNESCO Derwent Valley Heritage Site and, as part of our guided tour, we shall learn more about Sir Richard Arkwright and discover how the textile industry developed in this rural valley over 250 years ago. The tour will last about one and a half hours.

Refreshments will be available on arrival and a light lunch of soup and scones will be served at about 1pm. During the lunch break you may wish to look around some of the small, independent businesses in the Mill Yard; these include shops selling cheese, gifts and souvenirs, local woolly goods, antiques etc. There are also lovely riverside walks just outside the walls.

At 2pm we shall leave Cromford and drive north along the Derwent Valley, through Matlock and Bakewell to Ashford-in-the-Water. This is one of the prettiest villages in the Peak District and home to the most photographed bridge in Britain! We have timed our visit to coincide with the Well Dressing celebrations. These are thought to have originated as part of a pagan festival to give thanks for a reliable water source. There will be free time to wander around the village and visit the six wells or take afternoon tea in one of the cafes.

We shall leave Ashford-in-the-Water at 4pm to arrive back in Knutsford just after 5 o'clock.

Further detailed information is available at: cromfordmills.org.uk and peakdistrictonline.co.uk

Marian Goddard

Notes from a Recent Outing

Visit to JCB Factory



On the 20th March a party of u3a Members visited the JCB Factory at Rocester and went behind the scenes of the world famous diggers. The unique tour included historical information, little known facts, exciting insights and up close to the JCB manufacturing process.

Prior to the tour we were treated to a unique dining experience in the VIP Hospitality Suite with a lunch using organic produce sourced from their sister farm Daylesford Organics.



Theatre and Music Trips



THE CARD

Adapted from the novel by Arnold Bennet

Thursday, 25th May, 2023, 7:30 pm
New Vic Theatre, Newcastle under Lyme

Cost, including travel, £38.00
Coach departs the bus station 6 pm

This joyous stage adaptation of Arnold Bennett's classic comic novel of the same name, written over 100 years ago, is set in Stoke's 'Five Towns'.

Chancer, flirt, wheeler dealer and loveable rogue, Denry Machin knows he is destined for fame. He dances, pleads, and cheats his way up the social ladder from washer woman's son to Mayor!

Directed by Conrad Nelson, 'The Card' is filled with music, mayhem and lots of laughter dedicated to the great cause of cheering us all up! The sort of evening that the New Vic does so well.

Tickets will be on sale at the Members' Meeting in April but to be sure of your tickets, use the booking form towards the end of Kanuta or call me on 01565 872643.

Margaret Hinde

HAMILTON

Direct from London's West End

Tuesday, 28th November, 2023, 7:30 pm
The Palace Theatre, Manchester

Cost, including travel, £97.00
Coach departs the bus station 5:45 pm

You may well be aware that the sell-out musical 'Hamilton' is coming to the Palace Theatre this winter, direct from the West End. It has already received an impressive list of major awards.

'Hamilton' is the story of America's Founding Father, Alexander Hamilton, an immigrant from the West Indies who became George Washington's right-hand man during the Revolutionary War and helped shape the very foundations of the America we know today

My allocation of 50 tickets is already virtually SOLD OUT! At the time of going to press, the only available tickets are:-

2 centre stalls at £97 each

4 side stalls at £92 each

These last remaining tickets will only be available until April 17th.

If you are interesting in securing tickets, please phone me on 01565 872643 to confirm that tickets are still available before you complete the booking form at the end of Kanuta. Any remaining tickets will be on sale at the Members' Meeting in April.

Margaret Hinde

News from the Groups

Walking Group 5

In this group we usually do a gentle walk of around 3miles/5km, meeting on the second and fourth Thursday mornings of the month (usually meeting at 10am). Our next walk is on 13th April around Lindow Common and Newgate Nature Reserve. If you'd like to join us please get in touch.

All welcome - just call or drop me a line c/o info@knutsfordu3a.co.uk

Anne Rogers (01565 633994)

Singing Group

On Friday 24th March about twenty members of the Singing Group together with David Lee on guitar, Dave Arrowsmith on bass and Kath Scott on keyboard gave an informal concert for members of the Friendship Cafe at Knutsford Methodist Church.

Songs included 'Moon River', 'All that Jazz', 'Love changes everything', and the Kinks 'Sunny Afternoon'. The audience then joined us for a few extra songs including 'Happy Wanderer' and 'Bring me Sunshine'.

It was a happy and lively occasion with lots of friendly chat over tea, coffee and biscuits.

Thanks to the Friendship Cafe for hosting us for our debut performance!

The last session for this group is on Tuesday 28th March, we will then have a break over the summer and start again towards the end of September. New members are very welcome to join us then.

All welcome - just call or drop me a line c/o info@knutsfordu3a.co.uk

Kath Scott

Senior Fitness Group

This new group has recently started and is every week on a Tuesday from 3 - 3.45 in the Hall of the Knutsford Methodist Church. Gaynor Smith, a qualified Personal Fitness Trainer, runs the classes with Linda Harris as Group Leader. There are still vacancies for members who want to improve their level of fitness so if you'd like to join us please get in touch c/o info@knutsfordu3a.co.uk

Yoga Group

This group has recently started and is every Thursday from 3 - 4.30 in the new Scout Hut on the Town Moor. A member, Cathy King, who is a qualified Yoga coach is running the classes in conjunction with the Group Leader Dot Long. There are vacancies for members who want to join the Group so if you'd like to join us please get in touch c/o info@knutsfordu3a.co.uk

Booking Forms for Outings, Theatre and Music Trips

Please note that for insurance purposes, people attending events should be members of the u3a

PLEASE use a **separate booking form** and a **separate cheque** for each booking

- Write the name of the performance or outing on the back of your cheque
- Make your cheque payable to Knutsford and District u3a
- Send a stamped, addressed envelope if you want your reservation confirmed
- Send your form and cheque **to the organiser as noted for each event**

Unless you send an SAE, you will only be contacted if your booking was NOT successful.
For further information contact the organiser (details on the booking form)

BOOKING FORM – Visit to Liverpool – Organised by Lynda Harris		
<p><i>Please note for insurance purposes, people attending this outing should be members of the u3a.</i></p> <p>Event: Visit to Liverpool Date & time: Tuesday 16th May, 2023, departing Knutsford Bus Station at 09:00</p> <p>I/We would like to book space/s on the coach at £15.00 each I/We would like to book place/s on the tour of the Liver Building at £15.00 each and enclose a cheque for £.....</p>		
<p>Name and Address <u>with postcode</u> of all attending</p>		
Phone number	e-mail	Phone number In case of emergency on the day
<p>Send this completed form and cheque made payable to Knutsford and District u3a to Lynda Harris, 10 Lindop Close, Knutsford, WA16 8AY. Telephone 01565 621058</p>		

BOOKING FORM – ‘THE CARD’ – Organised by Margaret Hinde

Please note for insurance purposes, people attending this outing should be members of the u3a.

Event: ‘THE CARD’ – New Vic Theatre, Newcastle-under-Lyme

Date & time: Thursday 25th May 2023, departing Knutsford Bus Station at 18:00

I/We would like to book place/s at £38.00 each and enclose a cheque for £

Name and Address with postcode of all attending

Phone number

e-mail

Phone number

In case of emergency on the day

Send this completed form and cheque made payable to Knutsford and District u3a to

Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR Telephone 01565 872643

BOOKING FORM – Cromford Mill and Ashton-in-the-Water – Organised by Marian Goddard

Please note for insurance purposes, people attending this outing should be members of the u3a.

Event: Cromford Mill and Ashton-in-the-Water

Date & time: Thursday 15th June, 2023, departing Knutsford Bus Station at 09:15

I/We would like to book place/s at £39.00 each

and enclose a cheque for £.....

Name and Address with postcode of all attending

Details of any food allergies relevant to our lunch

Phone number

e-mail

Phone number

In case of emergency on the day

Send this completed form and cheque made payable to Knutsford and District u3a to

Marian Goddard, 1 Devis Way, Knutsford, WA16 0GY Telephone 07412 936 971

BOOKING FORM – ‘HAMILTON’ – Organised by Margaret Hinde

Please note for insurance purposes, people attending this outing should be members of the u3a.

Special note:

Please phone Margaret Hinde on 01565 872643 to confirm that tickets are still available before you complete this booking form

Event: ‘HAMILTON’ – The Palace Theatre, Manchester

Date & time: Tuesday 28th November 2023, departing Knutsford Bus Station at 17:45

I/We would like to book place/s at £97.00 each and place/s at £92.00 each

I enclose a cheque for £.....

Name and Address with postcode of all attending

Phone number

e-mail

Phone number

In case of emergency on the day

Send this completed form and cheque made payable to Knutsford and District u3a to

Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR Telephone 01565 872643

Knutsford and District u3a

Full/Associate Membership Renewal Form

1st April 2023 – 31st March 2024

When filling in this form please note the Gift Aid option and read the privacy statement overleaf. The form should be returned, together with your cheque and a stamped addressed envelope, to our Membership Secretary Sue Allan, 8 Bracken Way, Knutsford, WA16 9BU. Your membership card will be posted to you if you have included a sae.

Name	
Email*	Telephone
Address	
Postcode	
Emergency contact tel no (please get permission from your emergency contact person before giving their number)	

*To reduce costs, the committee will communicate with you via email where possible.

MEMBERSHIP FEES

<p>The Annual Fee is currently £18.00. (£12.00 for Associate Members i.e. members who are full members of another u3a.) If you wish to renew as an Associate Member please state the name</p> <p>of your main u3a _____</p> <p>The full fee includes a membership fee paid to our national organisation, the Third Age Trust, which provides a wide range of services and benefits, including liability insurance cover. Membership fees are payable by cheque to KNUTSFORD AND DISTRICT u3a.</p>

GIFT AID – you can make each £1 of your subscription worth 25p more to us at no cost to yourself. To qualify for Gift Aid you must pay income tax or capital gains tax at least equal to the amount that Knutsford & District u3a reclaims on your subscription and donations in a tax year. Please tick a box below as appropriate.

- I am a UK tax payer and wish to Gift Aid this and all future subscriptions and donations that I make to Knutsford & District u3a unless I notify you otherwise. I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.
- I do not wish to Gift Aid my subscriptions and donations.

Please notify the membership secretary – membership@knutsfordu3a.co.uk – if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

PLEASE TURN OVER

TERMS AND CONDITIONS OF MEMBERSHIP

All members must:

- Abide by the Principles of the u3a movement.
- Act in the best interests of the u3a and never do anything to bring the u3a into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times.
- Comply with and support the decisions of the elected committee.
- Advise the committee of any change in your personal details

<p>I wish to renew my membership of Knutsford and District u3a and confirm that I will abide by the terms of membership as stated above. I confirm that I have completed the form myself.</p> <p>I wish to renew my subscription as a FULL / ASSOCIATE member (delete as appropriate). I enclose my cheque for £18.00 (£12.00 for Associate Members).</p>	
Signed	Date

If you no longer wish your data to be used for the direct postal mailing of Third Age Trust magazines please email membership@knutsfordu3a.co.uk.

Membership records are held on computer and comply with the Data Protection Act 1998 and the General Data Protection Regulations 2018. These records are used only for purposes directly connected to U3A activities, and are not revealed to third parties.

PRIVACY STATEMENT

Knutsford and District u3a requires members to provide their personal information so that you can be kept informed about events and activities that are offered as part of your membership. In collecting your information Knutsford and District u3a will:

- Store it securely
- Use it to communicate with you as a U3A member.
- Share your information with Activity Group Co-ordinators, for those groups that you are a member of.
- Send you general information about the Third Age Trust*

*The Third Age Trust is the national office to which all u3as are affiliated.

Principles and Ethos of the u3a

Applicants should note that the u3a is a self-help organisation run by volunteers. In the light of this, members are encouraged to participate both in their Activity Groups and in the running of the organisation as a whole and consider whether they can volunteer in any of the roles required to facilitate the stability and continuation of the organisation. These may include Committee membership, Activity Group co-ordinator, membership of sub-committees, tea rota helper etc.

If you would like more information regarding ways to participate please tick the box below and give brief details of what you would be interested in:

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