

KANUTA

**Newsletter
April 2026**

General Enquiries and Webmaster: info@knutsfordu3a.co.uk
Newsletter contributions: newsletter.knutsfordu3a@gmail.com

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From the Chair

I hope you're all enjoying the first signs of spring – daffodils, tulips, blossom etc. and it was lovely to see some sun (which is probably now a distant memory!).

Renewal time has come round again. This year, due to rising costs, we felt it was necessary to raise the fee to £14 for a year's full membership of Knutsford u3a and £7 for an associate membership (for those who are members of another u3a). I hope you'll agree that it's still a bargain. Claiming Gift Aid on as many membership subscriptions as we can helps us to keep the renewal fee at a reasonable level. If you are a taxpayer please consider ticking the Gift Aid box when you renew if you haven't already done so.

If you can, please renew on-line as this saves a tremendous amount of work for our new Membership Secretary, Lucy Kitcher. Processing paper renewal forms takes up a hefty chunk of time and paying cheques or cash in is not an easy process these days. You will also be able to renew by card at the next Members' Meeting on 9th April.

Our Outings and Visits sub-committee has put together an interesting and varied programme of trips and visits for this year. I am very grateful for all their hard work in this respect. Please remember that you need to have renewed your membership before you can book a place to go on one of the many trips they will be publicising as your membership for 2025/6 officially ends on 31st March 2026. My thanks also go to the Speakers sub-committee who work very hard to book the speakers for our Monthly Meetings. They have an interesting programme of speakers lined up for this year.

This month we held a working lunch to which Group Leaders and key helpers were invited. Topics covered included how to try to get members to become more involved in the running of our u3a, both as Committee members and as Group Leaders or assistants to Group Leaders. My term as Chair is due to end at the AGM this year and several Committee members have served for many years so we need new people to step up and join us in the running of our u3a. If anyone would like to find out more about what joining the Committee involves, please contact me via chair@knutsfordu3a.co.uk.

Sue Allan, Chair

Membership Renewal (due 1st April 2026)

Many thanks to those of you who have already renewed. It is quick and easy to renew on-line. You need to go to our website knutsfordu3a.co.uk and go to the 'Membership' section. From there go to the 'Renew your Membership' section at the bottom of the page and click on 'Beacon Membership Renewal' to go to the 'Renew On-line' page. Here you will find the Terms and Conditions of Membership followed by a yellow **Renew Now** button. Click on that button to go to the Knutsford u3a Members Portal.

To log into the portal, you will need the email address and password you used when you registered for the Beacon Portal. If you need more help, there is a link you can click for more information towards the bottom of the 'Renew On-line' page.

Gift Aid

We now claim Gift Aid on members' subscriptions where they are eligible and this has helped us to keep our subscription the same as last year.

- We can claim Gift Aid if you have paid the same amount or more in Income Tax and/or Capital Gains Tax in the tax year and you
- make a Gift Aid declaration that gives us permission to claim it

The Gift Aid will be 25p for every £1 of your subscription so the tax we can claim on £14 will be £3.50. This will help us to keep subscriptions as low as possible. You can Gift Aid your subscription by ticking the Gift Aid box when you renew on-line or, if you renew by cheque, ticking the Gift Aid box on the paper form. We would be grateful if those of you who are taxpayers would consider ticking the Gift Aid box.

Please note that if each member at the same address is a taxpayer and wishes to Gift Aid their subscriptions you should NOT use the on-line facility to pay both subscriptions together. You can still renew online but each taxpayer should pay their own subscription and tick the Gift Aid box to allow us to claim Gift Aid.

If you are unsure whether you will pay enough tax, please do NOT tick the Gift Aid box.

If you pay less Income Tax and/or Capital Gains Tax in a tax year than the amount of Gift Aid claimed on all your donations it is your responsibility to pay any difference.

Once you have renewed, please let us know if you:

- want to cancel your Gift Aid declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

For those of you who cannot renew on-line there is a printable Membership Renewal form at the end of this edition of Kanuta or you can download the form from our website.

**Lucy Kitcher
Membership Secretary**

Members' Meetings

Knutsford Methodist Church
Second Thursday of every month starting at 2.15pm
Please aim to be seated by 2.00pm

- 9th April** **David Maidment** is the founder of "**The Railway Children**", a charity which works with children on the streets who face many dangers - from violence, abuse, exploitation and trafficking. Many are at risk from the very people who should be keeping them safe. Working in the UK, India and Tanzania, the charity helps children work through the issues that have led them to the streets.
- 14th May** **Neil Hanson** will speak on **Inn and Out at the Top** describing the highs and lows of running Britain's highest inn - so isolated that its next-door neighbour was 4 miles away and so high that it had its own climate, with winds that could tear car doors off their hinges, and winter snows that cut off the inn for weeks on end.
- 12th June** **Nina Smith** will introduce us to **Mercy Ships - floating hospitals**. Nina has been a volunteer speaker for Mercy Ships for 3 years. She will describe the faith-based, charity-run international development organisation that deploys hospital ships, partnering with land-based programmes, to deliver transformational healthcare to patients free of charge, without regard to their religion, race or gender.



Dates for your Diary



- | | |
|-------------------------------------|--|
| Wednesday 24 th June | Coach tour of the Peak District area
A coach tour of the Peak District National Park with on-board commentary by a Peak District Blue Badge Tourist Guide, visiting various interesting places including small villages and bustling market towns scattered across a scenic landscape. |
| Thursday 16 th July | Visit to Biddulph Grange Gardens. |
| Saturday 15 th August | Matinee performance of 'The Mikado' at Buxton Opera House possibly combined with a walking tour. |
| Saturday 26 th September | The Armed Man - A Mass for Peace
3pm matinee performance at the Bridgewater Hall. Coach will depart at 1.30 prompt.
Written by Karl Jenkins, with the Halle Orchestra and Choir conducted by the Composer himself. The second half will be some of Karl Jenkins most popular pieces - familiar to any Classic FM listener! |



Theatre and Music Trips



Music in the Afternoon - Friday 24th April

Knutsford Methodist Church 2pm

Please be seated by 1.50pm



We are delighted to welcome back the Eblana String Trio for their fourth visit to Knutsford, on Friday 24 April at 2pm. This time, Jonathan Martindale, Lucy Nolan and Peggy Nolan will be joined by oboist Emmet Byrne.

Jonathan is associate leader of the City of Birmingham Symphony Orchestra and the son of members of our u3a. He founded the Eblana Trio with Lucy and Peggy in 2006, when they were studying at the RNCM. Emmet is principal second Oboe at the CBSO and an RNCM graduate.

Programme Mozart: Oboe Quartet K370
Beethoven: String Trio in C Minor, Op.9 no3
Britten: Phantasy Quartet Op.2

Tickets are £15, to include tea after the concert, with a chance to meet the musicians. They can be purchased on our [On-line Tickets](#) page or at the door. **If you book on-line, please bring the ku3a confirmation email to the concert (paper or phone)**

Margaret Joscelyne

Around the World in 80 Days

Adapted from the novel by Jules Verne

Friday, 12th June at 7.30pm
The New Vic Theatre, Stoke

Cost, including travel £37.00
Coach departs 6:00 pm prompt



This delightful production was first seen ten years ago at the New Vic. since when it has transferred to the Royal Exchange in Manchester, to the West End, and played to audiences halfway round the world including Broadway. It has become one of the New Vic's biggest and best loved hits and they are now bringing it back to celebrate the theatre's 40th anniversary year.

8 actors, including 4 from the original production, tell the story of Phileas Fogg, his trusty valet Passepartout, and their race around the world. They take on 109 characters, 6 trains, 5 boats, 2 dances, one storm, a circus act and an elephant!

As usual, tickets can be reserved quickly and easily using our [On-line Tickets](#) page.

You can also apply by post, sending your cheque together with a completed booking form (page 12) to the address on the booking form. Any remaining tickets will be on sale at the Members' meeting on Thursday, 9th April.

Margaret Hinde



Theatre and Music Trips



The Car Man

A Ballet by Matthew Bourne, based on Bizet's 'Carmen'

Thursday, 25th June at 7.30pm
The Lowry Theatre, Salford

Cost, including travel **£60.00**
Coach departs 6:00 pm prompt



This is one of Matthew Bourne's most popular ballets. A dance thriller like no other. It was first performed in 2000 at the Old Vic in London, followed by countrywide tours, including Manchester. The musical score is taken from Bizet's well known opera Carmen, so much of it will be familiar, but it has a completely different story. It is set in the 1950's in a small Italian-American community in the USA. Bizet's 19th century Spanish cigarette factory becomes a greasy garage where the dreams of a small town are shattered by the arrival of a handsome and enigmatic stranger.

Please note that only a few centre stalls tickets remain. As usual, tickets can be reserved quickly and easily using our [On-line Tickets](#) page.

You can also apply by post, sending your cheque together with a completed booking form (page 12) to the address on the booking form. Any remaining tickets will be on sale at the Members' meeting on Thursday, 9th April.

Margaret Hinde



Outings



Morgan Factory Tour at Malvern, Worcestershire

Tuesday, 28th April

Cost, including lunch £68.00

Coach departs 8:00 am prompt, returning at approximately 5.00pm

Join us for a factory tour of the Morgan Motor Company and explore the fascinating world where rare craft skills blend with the latest modern technology to create the handcrafted sports cars. Inside the historic workshops you will see the unique processes that go into building a Morgan, from the shaping of the ash wood frames to the final hand-finished details. You will learn about Morgan's heritage, innovation and dedication to craftsmanship.

The tour will last two hours and you will have a headset to ensure you can hear the tour guide clearly in each workshop (some of which will be noisy). You will be on your feet for the duration of the tour and there may be steps within the factory. Tea and coffee will be available on arrival and lunch will be provided.

Places for this trip can be bought easily via PayPal or Debit/Credit card on our [On-line Tickets page](#). Alternatively, you can complete the booking form on page 11 and submit it by post. Any remaining tickets will be on sale at the Members' meeting on Thursday, 9th April.

Jane Smallwood



Outing Report



Football and Treasure in Liverpool

This visit was definitely a visit of two contrasting halves. The first part involved a tour of the brand new Everton Stadium on the banks of the Mersey during which one of the party observed 'This is a very different sort of visit for our u3a'. That was very true but, as it turned out, very worthwhile.



We had three amusing guides who were incredibly enthusiastic about Everton and very knowledgeable about the stadium and the club. They were fans! We saw the pitch, sat in the stands, saw the corporate seating and boxes, we visited the home dressing room adorned with the shirts of the current players and heard stories and anecdotes about the players and the club. We also heard about the technological and ecological credentials of the site and the design features which made the stadium ready to host some of the Euro matches in 2028. This was something which made the guides really proud.



A short drive along the waterfront took us to the second part of our visit in the Museum of Liverpool. A leisurely lunch in the museum's café was the first priority before seeing the exhibition of archaeological artefacts found in the north-west and north Wales. These included a magnificent gold cape and a beautiful gold ring which was designed to go round the waist but was being used as a fastener for a gate when it was found. There were also many collections, or hoards, of coins found in Cheshire including at Winsford and Knutsford! These might not match the likes of the Staffordshire Hoard but were, nevertheless, fascinating.



This was a good day and one which was enjoyed by all.

Lynda Harris

News from the Groups

GENERAL NEWS

Senior Fitness Groups

A third fitness Group has been formed and has had three classes under Gaynor Smith the trainer who also teaches Fitness Groups 1 and 2. Group 3 is run weekly in Charlton Lodge (the Scout Hut) on The Moor on Wednesday mornings. Brian Berry is the Group Leader with the support of Michael and Christine Vale.

Within our 3 Fitness Groups there are now about 70 members who are looking to improve their general fitness with all the health benefits that brings. We are aware that some members who have registered interest in joining a fitness Group have not been included in the 3 Groups and we are considering starting a fourth Group providing the trainer and a venue are available.

Theatre and Film Discussion Groups

A second Group which has been formed under Group Leader Sue Riley is underway and has proved so successful that it is now full. As a result, there are now a number of members who have registered interest but it has not been possible for them to join this Group. Consideration is now being given to starting a third Group to accommodate these members.

Drawing and Painting Group

This Group has been experiencing a fall in its numbers. However, as a result of a notification sent to the whole membership, additional members have joined the Group to increase the numbers to a satisfactory level.

Book Group 2

After many years as Group Leader Carole English has asked Helen Baron to take over this role.

Stuart Allan – Groups Supporter

Technical Support Group

This team has recently been formed following suggestions from members that it might be useful if we could offer help to those struggling to get to grips with certain aspects of their digital devices (phones, laptops, tablets, iPhones and iPads).

It's taken a little while to set up but we now have a small support team who are working on one-to-one sessions with those who've asked for help. We've had success already and are looking forward to developing this further.

If you'd like to find out if we could help you with something you're trying to do on your device, or if you could offer help to others, please contact me via info@knutsfordu3a.co.uk

Steve Kitcher – Technical Support Co-ordinator

Men's Book Group

The men's book group was formed in March 2019 and still retains most of the original members. At first, we met in different homes but during Covid started meeting in the pub under the "eat out to help out" scheme.

The group liked the idea of a pub lunch with a drink whilst discussing the chosen book and so this has been the format. We meet every six weeks or so with each member taking turns to put forward their book choices for the rest of the group to choose and read. We discuss and score the book for enjoyment and literary merit over a light lunch. The advantage of a small group around a pub table is that everyone can be heard.

A few men have asked to join the group. Rather than have a waiting list, I have suggested setting up a second men's book group. Anyone interested please contact me on 01565 873211.

John Unterhalter

News from the Groups

Geology Group - The Knutsford Heritage Centre Cobbles Display

If you have visited Knutsford Heritage Centre, you may have noticed the geological display outside the entrance door. It consists of a number of cobblestones set in a stone basin, with an accompanying information board. It was put together 20 years ago by Fred Owen, who was the joint founder and first technical leader of the Knutsford U3A Geology group. The creation of the display was supported with funding from the Manchester Geological Association. Although Fred has since moved out of Knutsford and has relinquished the U3A group leader role, he has continued to be involved in other geology-related activities in the area, including leading geology walks around the town, following the Knutsford Building Stones and Cobbles trail he published in 2002.

Fred has also continued to look after the 'Cobbles' display at the Heritage Centre, cleaning and maintaining it as necessary. However, it is now time for him to hand that responsibility on, and so the U3A Geology group have agreed to take it over.

The cobbles in the display came from the former George Yard in Knutsford, when it was redeveloped to become the present Regent Street. Several cobbles were described in Fred's geology trail, but they were likely to be thrown away and could no longer be seen in the old road surface. They were such excellent examples of many geological features he was determined to save them if possible. Fred agreed with the developer that he could rescue them once construction had begun, so the project to display them at the Heritage Centre was born.



The stones include a variety of rock types of diverse geological origins, including volcanic rocks from the Lake District, limestone showing splendid fossil corals and Pennines sandstone. While they may originate from different areas of the country, they are nonetheless authentically local to Knutsford – they were brought to Cheshire by the movement of glaciers during the Ice Age. The sand in which the stones are set is also local, being sourced from a quarry near Chelford. It was originally deposited about 55,000 years ago, by meltwater rivers during the Ice Age.

Sadly, local exhibits such as this often tend to fall into disrepair over time, and the handover to the U3A Geology group is intended to ensure that the display continues to be kept in good condition for the foreseeable future. Fred is helping us with an organised transfer, to ensure that we know what we are doing! The photograph to the right shows Fred Owen (left) with U3A Geology group members Clive Heath, Roger Brown, Mary Birchall, Mike Regan and Mark Barley at a handover session.



The display can be seen at the Knutsford Heritage Centre, 90A King Street, Knutsford, WA16 6ED. For opening times, phone 01565 650506 or go to <https://www.knutsfordheritage.co.uk/>. This is also the home of the well-known Knutsford Millenium Tapestry triptych and is well worth a visit.

Mike Regan

Recorder Group

The Recorder Group played at Sharston House at Christmas and we hope to visit again soon.

All standards are welcome including beginners. We meet every other Wednesday at 61 Boothfields WA168JY. Please get in touch if you are interested: 07811570463

Carol Goodwin

News from the Groups

Walking Group 3



This is Walking Group 3 on their walk on the third Thursday in March. It was a 5 mile walk on a lovely sunny spring morning, led by Elizabeth and Trevor Hosking. We started from the Bear's Head at Brereton, walked past the Grade I listed Elizabethan Brereton Hall and St Oswald's church (built in 1550), over fields and wooded countryside to Brereton Heath Country Park where we stopped for refreshment and to admire the lake and wildfowl. We returned to the Bear's Head via woodland tracks and field paths without encountering any cows or mud! 3 dogs accompanied us on this walk, all very well behaved. Most of the walkers stayed on for lunch at the Bear's Head which was very good and we felt we'd earned it!

Sue Allan

Senior Fitness Group 2

The group was a year old in January and now has 30 members signed up for the class which takes place every Friday from 11.30 to 12.30 at the Scout Hut on the Moor.

We're a very keen group and thoroughly enjoy Gaynor the Trainer's classes. She makes us work hard doing exercises most of us never thought we could do. We have members ranging in age from 60s to 80s and even those of us who used to skulk behind the bike sheds in PE at school (guilty) are feeling the benefit. I think Gaynor's ambition is to get the entire senior population of Knutsford fit!

Our group is currently full but occasionally people drop out so, if you are interested just send an email via info@knutsfordu3a.co.uk and I'll put you on the waiting list.

Sue Leedham

Tai Chi

TAI CHI - THE PERFECT EXERCISE FOR YOU!

Tai Chi is a gentle, low-impact exercise that can help maintain strength, mobility, flexibility, concentration and balance. It is suitable for you whatever your level of fitness and you will leave each session with a feeling of calm and inner peace.

We hold two Tai Chi classes every Tuesday at the Knutsford Sports Club on Mereheath Lane. Each class is an hour long. The beginners class starts at 1.30 pm and the intermediate class at 2.30 pm for anyone who has learnt Cheng Man Ching short form (or part of it).

The sessions are run by a Senior Instructor Member of the Tai Chi Union with many years of experience.

We currently have a waiting list but please let Philip Smith the group co-ordinator know your interest by phoning 07801 310399 or dropping him an email at info@knutsfordu3a.co.uk

Philip Smith



Along Cheshire Lines



This is the fourth of an occasional series which will seek to highlight some little-known facts about the companies, the people, the history and events taking place on our local railways in Cheshire.

In the last issue of Kanuta we described the current freight flows through Knutsford and closed by stating that 138 freight movements per day through Northwich have been reduced to a mere handful. Where have all the freight trains gone?

This appears to be a consequence of three main impacts. Firstly, the sources of much traffic have simply disappeared! Locally, there used to be three 'Salt Branches' in the Northwich area, the huge chemical works at Winnington, the soda ash works at Lostock (as mentioned in ACL #3), a munitions plant, Northwich gas works, Octel near Plumley and the branch from Winsford. There was also through traffic from the Yorkshire coalfields to John Summers steelworks at Dee Marsh. All have gone!

Secondly, deregulation of road haulage in the mid 1950's, quickly followed by the motorway building programme started to offer more viable options, particularly for single wagon load traffic and smaller shipments. The days of the daily pick up goods train stopping at every station to drop off a wagon of coal or collect a few milk churns were numbered. White van man was on his way.



Two new tri-mode locos on running-in trials at Winwick on March 19

Thirdly, developments on the railways themselves have concentrated the remaining traffic into fewer, heavier, faster and quieter trains. Evolution is ongoing with the latest freight locomotives being 'multi-modal', that is, powered by diesel, electric or battery power. This means that they are able to travel anywhere on the network thus providing more opportunities for both collection and delivery of goods. They also reduce costs by removing the need for locomotive changes mid journey and the need for shunting engines at termini.

I wonder how much rail borne freight will pass through Knutsford in 2050?

David Custerson



Your Kanuta



Kanuta is published 5 times a year, usually at the beginning of February, April, June, September and November

Your magazine needs your contributions

If you have something you'd like to share with your fellow members, preferably related to the u3a, please write to newsletter.knutsfordu3a@gmail.com before 23rd of the month preceding a publication date, and include the text of what you want to say. If you have illustrations please do not send them by email but mention them and I will send you a link for uploading them directly to the u3a Archive.

Terry Griffiths, Kanuta Editor

BOOKING FORM – Around the World in 80 Days	Organised by Margaret Hinde
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Event: Around the World in 80 Days
Date & time: Friday, 12th June 2026 at The New Vic, departing Knutsford Bus Station at 6.00 pm prompt
 I/We would like to book place/s at £37.00 each
 and enclose a cheque for £ made payable to Knutsford and District u3a

Name and Address with postcode of all attending

Phone number	e-mail	Phone number <small>In case of emergency on the day</small>
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Send this completed form and cheque made payable to Knutsford and District u3a to
 Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR Telephone 01565 872643

BOOKING FORM – The Car Man	Organised by Margaret Hinde
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Event: The Car Man
Date & time: Thursday, 25th June 2026 at The Lowry, departing Knutsford Bus Station at 6.00 pm prompt
 I/We would like to book place/s at £60.00 each
 and enclose a cheque for £ made payable to Knutsford and District u3a

Name and Address with postcode of all attending

Phone number	e-mail	Phone number <small>In case of emergency on the day</small>
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Send this completed form and cheque made payable to Knutsford and District u3a to
 Margaret Hinde, 1 Warford Hall Drive, Great Warford, Alderley Edge, SK9 7TR Telephone 01565 872643

Knutsford and District u3a

Full/Associate Membership Renewal Form

1st April 2026 – 31st March 2027

When filling in this form please note the Gift Aid option and read the privacy statement overleaf. The form should be returned to Lucy Kitcher, 63 Manchester Road, Knutsford, WA16 0LX. Your membership card will be emailed to you. If you do not have an email address, please include a stamped addressed envelope so that it can be posted to you.

Title	Name
Email*	Telephone
Address	
Postcode	
Emergency contact telephone number (please get permission from your emergency contact person before giving their number)	

*To reduce costs, the committee will communicate with you via email where possible.

MEMBERSHIP FEES

The membership year runs from 1st April to 31st March. The Fee for 1/4/2026 – 31/3/2027 is £14.00 for a Full Member and £7:00 for an Associate Member (a person who has full membership of another u3a). The full fee includes a membership fee paid to our national organisation, the Third Age Trust, which provides a wide range of services and benefits, including liability insurance cover. **Membership fees are payable by cheque to KNUTSFORD AND DISTRICT u3a.**

If you wish to renew as an Associate Member, please state the name of your main u3a

GIFT AID – you can make each £1 of your subscription worth 25p more to us at no cost to yourself. To qualify for Gift Aid you must pay income tax or capital gains tax at least equal to the amount that Knutsford & District u3a reclaims on your subscription and donations in a tax year. Please tick a box below as appropriate.

I am a UK tax payer and wish to Gift Aid this and all future subscriptions and donations that I make to Knutsford & District u3a unless I notify you otherwise. I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

I do not wish to Gift Aid my subscriptions and donations.

Please notify the Committee either by email: membership@knutsfordu3a.co.uk – or in writing to the address above if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

PLEASE TURN OVER

TERMS AND CONDITIONS OF MEMBERSHIP

All members must:

- Abide by the Principles of the u3a movement.
- Act in the best interests of the u3a and never do anything to bring the u3a into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times.
- Comply with and support the decisions of the elected committee.
- Advise the committee of any change in your personal details.

I wish to renew my membership of Knutsford and District u3a and confirm that I will abide by the terms of membership as stated above. I confirm that I have completed the form myself.	
I wish to renew my subscription as a FULL / ASSOCIATE member (delete as appropriate) . I enclose my cheque for £14.00 (£7.00 for Associate Members).	
Signed	Date

If you no longer wish your data to be used for the direct postal mailing of Third Age Trust magazines, please email membership@knutsfordu3a.co.uk.

Membership records are held on computer and comply with the Data Protection Act 1998 and the General Data Protection Regulations 2018. These records are used only for purposes directly connected to u3a activities, and are not revealed to third parties.

PRIVACY STATEMENT

Knutsford and District u3a requires members to provide their personal information so that you can be kept informed about events and activities that are offered as part of your membership. In collecting your information Knutsford and District u3a will:

- Store it securely
- Use it to communicate with you as a u3a member.
- Share your information with Activity Group Co-ordinators, for those groups that you are a member of.
- Send you general information about the Third Age Trust*

*The Third Age Trust is the national office to which all u3as are affiliated.

Principles and Ethos of the u3a

Applicants should note that the u3a is a self-help organisation run by volunteers. In the light of this, members are encouraged to participate both in their Activity Groups and in the running of the organisation as a whole and consider whether they can volunteer in any of the roles required to facilitate the stability and continuation of the organisation. These may include Committee membership, Activity Group co-ordinator, membership of sub-committees, tea rota helper etc.

If you would like more information regarding ways to participate, please tick the box below and give brief details of what you would be interested in:

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Please note that all members take part in Knutsford u3a activities at their own risk